ARIZONA DEPARTMENT OF HEALTH DIVISION OF BEHAVIORAL HEALTH STRATEGIC PLAN FOR HOUSING FOR MARICOPA COUNTY FOR INDIVIDUALS WITH A SERIOUS MENTAL ILLNESS



July 31, 2003

Executive Summary

The Arizona Department of Health has developed this Strategic Plan for Housing in Maricopa County in collaboration with the Maricopa County Regional Behavioral Health Authority and the Arizona Department of Housing. ADHS describes in detail a variety of initiatives that will be used to expand both federal and State Funded housing. The plan includes a number of goals, objectives and activities that will occur over the next three years.

- The plan begins with a review of the national and Arizona factors that have influenced the development of housing as a supportive service. Included in this section is an examination of the current research and a description of how housing for the seriously mentally ill has evolved in Maricopa County.
- The document then provides a description of the current sources and types of housing available in Maricopa County including a review of the development of these resources over the past eight years. Housing resources have doubled over this period through a combination of HUD and State funded resources.
- The plan describes the current strengths, weaknesses, threats and opportunities that may influence the plan during implementation. Many of the issues are linked to our current economic situation that is constantly evolving.
- In Section II, ADHS describes the Vision, Mission and Guiding Principles that will guide the ADHS activities with respect to housing services. Many of these items have been in place for some time and have guided our current development.
- Section III of the plan describes the ongoing relationships of ADHS with the many other agencies that are involved in housing. These include the SWBH PATH program, the State Planning to Address Homelessness (SPAH) workgroup, the Maricopa Association of Governments Committees (MAG), the Arizona Coalition to End Homelessness (ACEH), the Continuum of Care Committee and the Regional Behavioral Health Authority. Many of these relationships have been formalized by Strategic Plans in which ADHS and the Maricopa County RBHA are active partners.
- Section IV discusses the staff resources that are necessary to carry out this plan. ADHS believes that additional capacity at the Clinical Team level is more critical for this plan than additional capacity at ADHS.
- The relationship between ADHS and the Arizona Department of Housing (ADOH) is described in Section V. The relationship includes eight specific objectives many of which are currently in place. ADHS and ADOH have developed an IGA that will be used as a protocol to expand state funded housing resources.
- The ADHS examination of the housing requirements for the Maricopa County RBHA in implementing this plan is described in Section VI. ADHS is currently examining all policies, procedure and contractual requirements.
- Section VII depicts the current housing programs available in Maricopa County and their correlation to the Leff report with respect to finances and types of housing.
- The examination of Best Practices is discussed in Section VIII. ADHS has begun to use the results of the CMHS Housing Study in which Arizona participated. The results indicated significant positive outcomes with both residential and independent housing but a substantial client preference for independent housing.

Overall, the plan describes a significant commitment from ADHS to maintain and develop housing resources for individuals with serious mental illness in Maricopa County. In addition to the objectives stated in this plan, ADHS is committed to numerous other goals and objectives related to housing as part of our participation in numerous other housing initiatives.

I. History and Background:

1. National View:

The Arizona Department of Health is committed to developing a full array of community services in order to support recovery for individuals with a serious mental illness. As part of the array of services and supports, decent, affordable housing is one of the most basic supports necessary for recovery. Many persons with serious mental illness either experience homelessness or inadequate housing due to the lack of income, lack of affordable housing and lack of community-based supports (Dennis, Buckner, Lipton, and Levine (1991). In Arizona, as well as nationally, this situation led to the concept of the residential continuum in which community-based services are provided in a range of residential settings differentiated by level of staffing intensity. The expectation was that consumers move through a series of progressively more independent living situations (American Psychiatric Association, 1982).

Preliminary research and practice have challenged the concept of the residential continuum. Many communities, including Maricopa County have been unable to create a full continuum. Moreover, the concept of the continuum may not be responsive to the varying needs of individuals (Dickey, Gonzalez, Latimer and others, 1996; Caton and Goldstein, 1984), nor their preferences or choices (Ridgeway, Simpson, Wittman, and Wheeler, 1994; Tanzman 1993). While the continuum of housing resources may be appropriate for a number of individuals, ADHS has embraced the concept of supported housing for all new housing developments.

Supported housing, emphasizing consumer choice, use of regular housing stock, and individualized and flexible services and community supports, has been offered as an alternative to the traditional residential continuum, developed in response to the need for both treatment and housing for persons with serious mental illnesses (Brach, 1994; Carling, 1992, 1990; Hogan and Carling, 1992; Ridgeway and Zipple, 1990). Supported housing was developed to allow people to live in housing of their choice and to have services brought in as frequently and intensively as needed. It has also been linked to improving residential stability and reducing inappropriate use of shelters, hospitals and jails (Lipton, et al., 2000; Tsemberis and Eisenberg, 2000).

To date, however, there has been no research rigorously comparing housing approaches (Newman, 2000). Studies that have examined dimensions of housing and their relationship to outcomes have been primarily descriptive. They suggest that people with serious mental illness could move directly into independent housing and be residentially stable (Hurlburt, Wood and Hough, 1996; Shern, Felton, Hough and others, 1997; Matulef, et al., 1995; Newman and Ridgely, 1994; Miller, Donahue, Felton and Shern, 1993; Depp, Dawkins, Selzer and others, 1986), and that residential stability and consumer satisfaction were related to the degree to which consumer preferences are taken into consideration (Goldfinger and Schutt, 1996; Yeich, et al., 1994; Keck, 1990; Goering, Paduchak and Durbin, 1990).

People with serious mental illnesses are among the most impoverished in the nation and the lack of decent, safe, affordable housing is one of the greatest barriers they face. Most people with serious mental illnesses live on federal Supplemental Security Income (SSI), a monthly federal benefit based on disability that in 2002 paid \$545 per month. A recent national study found that people who receive SSI benefits would need to pay, on average, 98 percent of their income to rent a modest, one-bedroom unit at fair market rent (O'Hara and Miller, 2000). While many qualify for Federal Section 8 rental assistance and other housing subsidies that enable people to pay a portion of their income for rent and utilities (usually 30 percent), the waiting lists for Section 8 now average more than two years nationally (U.S. Department of Housing and Urban Development 2001).

Once someone gets a Section 8 voucher, they must find a landlord willing to rent an apartment or house to them. In 2000, nationally only 69% of those who received a voucher were able to find a unit to rent before the time for using their voucher expired and they lost the subsidy (Finkel and Buron, 2001). Federal policies of allowing subsidized housing providers to designate apartments as "elderly only" and recent "crime-free" neighborhood initiatives have further reduced the available housing stock for people with disabilities. The crime-free neighborhoods initiatives have lead public housing agencies and private landlords alike to screen out potential new tenants for arrests of any kind, regardless of conviction or how old the record (Landau, 2002). In tight housing markets, such rigorous screening (in addition to credit checks and demonstrated ability to pay first and last months' rent), only add to the barriers that people with serious mental illness face when trying to find affordable housing (Consortium of Citizens with Disabilities, 1996).

As a result, periodic or chronic homelessness is a fact of life for many people with serious mental illnesses. Although they comprise about 1% of the U.S. population, people with serious mental illness are nearly one-quarter of the single adult homeless population (Federal Task Force on Homelessness and Severe Mental Illness, 1992). In 1987, the passage of the Stewart B. McKinney Act gave the U.S. Department of Housing and Urban Development funds to provide housing and support services for homeless persons with disabilities. These funds quickly became key resources in states' and communities' efforts to provide housing for people with serious mental illnesses and other vulnerable populations. Both the HUD Shelter Plus Care and Supportive Housing Programs used a variant of the supported housing approach as the basis for funding programs nationwide (Matulef et al., 1995; Fosburg, et al., 1997).

As the names "Shelter Plus Care" and "Supportive Housing Program" suggest, housing alone is not enough. The services that support people with serious mental illnesses in housing are thought to be critical to residential stability. Yet, the resources for services in supported housing are as elusive, or more so, than the housing itself. Federal funding streams, such as Medicaid, for financing the flexible, in-home supports needed by many are not consistently available or utilized by states (Bazelon Center for Mental Health Law, 2001). State-specific resources for community-based support services are dependent on the largesse and budgets of state legislatures.

Increasingly, attention has been focused on the role of mental health systems in community integration of people with mental illnesses (U.S. Department of Health and Human Services, 2001). This has been driven by the consumer and family movements (Tanzman, 1993; Van Tosh, 1994; Yeich, Mowbray, Bybee and Cohen, 1994; Harp, 1990); managed care (Consortium for Citizens, 1996); and, most recently, by the Supreme Court's 1999 Olmstead decision. The Olmstead decision clearly reinforces the states' role in providing community-based services for persons with disabilities (Bianco and Wells, 2001).

While political and social forces increasingly embraced the supported housing approach, debate continued on the need for more structured residential treatment alternatives. Many state mental health authorities had made considerable commitments to the residential continuum approach and were looking for solid evidence to continue this approach or to make a fundamental shift to a supported housing approach (Hutchings, Emery, and Aronson, 1996). Within this context the CHMS proposed a study of housing alternatives to examine if there was any difference in outcomes, satisfaction and costs for types of housing. Arizona was selected as a site to participate in the study due to the quality and variety of housing options. In a later section of this report, ADHS describes the preliminary results and how they will be used to guide housing development.

2. Arizona View:

In 1987 three "administrative entities" contracted with the Arizona Department of Health Services and received funds to provide behavioral health services for the seriously mentally ill in Maricopa County: CODAMA, East Valley Behavioral Health Association, and Community Care Network (CCN). The Arizona Department of Health Services analyzed the cost and difficulty of monitoring the SMI funds distributed to these three entities. The State initiated legislation to enact a law that required all three entities to compete for SMI funds with the intent that only one entity would be selected as the Regional Behavioral Health Authority (RBHA) to enter into a contract with the Division of Behavioral Health Services, a division of the Arizona Department of Health Services.

COMCARE was selected as the RBHA and entered into a five-year contract with the Division of Behavioral Health. Under this contract COMCARE was provided all program funds and initiated all referrals for SMI clients housed in Maricopa County. Although other agencies, clinics or hospitals had the ability to refer clients directly to housing providers, COMCARE controlled all housing funds.

During the period in which COMCARE managed the housing funds that were primarily devoted to adult residential programs, the referral process was very cumbersome and inconsistent. As an example, some housing properties received regular referrals and maintained occupancy at 75% to 80%. Other facilities may have had an average vacancy of 16% for up to nine months. Also, because of the referral system, COMCARE management had difficulty obtaining 3rd party verifications (co-signature) at initial lease-up. Verifications were mailed out at the time the client was briefed for housing, but sometimes the case manager was unable to get the person to the housing appointment thereby having to restart the process. COMCARE's housing system was based on the continuum model mentioned earlier. Individuals were placed in residential programs that had built in support. One problem was that when support could be reduced, the

person had to move. Another problem was that there were not enough beds to support a full continuum. Individuals stayed longer than necessary at levels of care that were not necessary and individuals remained on long wait lists because levels of care that were appropriate were not readily available.

On a positive note, COMCARE recognized the dilemma and began to search for resources for independent housing to increase housing options. In a short amount of time, COMCARE became extremely successful in obtaining federal funds to house clients. Their success rate was one of the highest in the country with HUD grants and with obtaining permanent housing through the Resolution Trust Corporation. During this period of time, ADHS provided State general funds to match all grants, and to provide supportive services.

Even with the influx of federal housing dollars, COMCARE still had to maintain wait lists for clients who needed to receive supportive services from COMCARE. Many clients referred to SMI housing providers were not always appropriate for the level of supervision and COMCARE did not have a readily available pool of support services or providers. The supportive services provided by COMCARE included only case management, medications and psychiatric services. Case management did not appear responsive to the needs of the clients nor did it occur in a timely manner.

Due to the threat of service cuts to non-Title XIX consumers, the Governor declared a behavioral health emergency in January 1998. In March 1998, the Arizona Department of Health Services issued a Request for Proposals to address the emergency. ValueOptions submitted a proposal in June of that year and was officially awarded the contract to provide behavioral health services to indigent residents of Maricopa County and became the Regional Behavioral Health Authority (RBHA) in September 1998. ValueOptions opened its doors on February 8, 1999 and began serving consumers under a contract with the Arizona Department of Health Services, Division of Behavioral Health Services (DBHS).

Since ValueOptions is a for-profit organization, this required a number of changes in the contractual relationship with HUD funded housing providers. HUD only provides funds to non-profit providers or units of government. ADHS and the Department of Commerce assumed responsibilities for the HUD contracted housing until ValueOptions could develop a relationship with a housing administrator. In 1999, Arizona Behavioral Health Corporation (ABC), a company that was created as a result of COMCARE's dissolution, assumed responsibility for these HUD contracts through a contract with the RBHA.

Today, ValueOptions administers the direct service component of the clinical team system while ABC and a variety of other housing providers manage the HUD housing component. ADHS through the RBHA provides match and administrative costs for all HUD contracts that can amount to 25% of the total costs, a dollar for dollar match in the Shelter Plus Care grants. Clinical teams provide opportunities to: assist consumers in acquiring the skills necessary to manage or eliminate the debilitating symptoms of a mental illness; develop partnerships with consumers; promoting the ability to live productive, satisfying and independent lives; foster the development of social role functioning, including educational and vocational roles; emphasize each consumer's unique strengths, culture and self determination.

While the Arizona Department of Health has always been involved in providing supportive services to match HUD funding and has also directly funded residential programs, the Department initiated a program in 1998 to develop purely state funded housing alternatives for individuals who were discharged from the Arizona State Hospital. This approach included both housing and support in the same service package and avoided the problems faced earlier in which supports were not readily available. The program design is successful ad has eased the discharge planning process for consumers discharged from the State hospital, thereby significantly reducing the State hospital census. The discharge planning committee at the RBHA consists of a housing, vocational rehabilitation, substance abuse, and benefit specialists, a discharge planner and any other member pertinent to the consumer's recovery. The RBHA's discharge planner facilitates the process and assists consumer choice as defined in their ISP. They work in the Service Integration Department, which includes the housing department, COOL and vocational rehabilitation.

2. Current Sources and Types of Funding for Housing

The following table describes the current sources and types of housing available within Maricopa County. It also describes the populations that are typically appropriate for these settings.

HUD U. S. Department of Housing and Urban Development

Supportive Housing Programs (SHP)

SHP's are HUD funded dollars in the form of grants to develop housing and related supportive services for people moving from homelessness to independent living through rental subsidy for housing choices. Program funds help homeless people live in a stable place, increase their skills or income, and gain more control over the decisions that affect their lives. SHP provides grants to units of government and non-profit agencies to develop supportive housing and services that will enable homeless people to live as independently as possible. The RBHA provides the mandatory cash match to obtain federal funding. ABC administers most of these programs.

Shelter + Care <u>Shelter Plus Care</u>

The purpose of the program is to provide permanent housing in connection with supportive services to homeless people with disabilities and their families. The primary target populations are homeless people who have: serious mental illness; and/or chronic problems with alcohol, drugs or both; and/or acquired immunodeficiency syndrome (AIDS) or related diseases. The program provides rental subsidy for a variety of housing choices, accompanied by a range of supportive services funded by other sources. The goals of the Shelter Plus Care Program are to assist homeless individuals and their families to: increase their housing stability; increase their skills

and/or income; and obtain greater self-sufficiency. ADOH is directly responsible for grant administration and has direct contracts with ABC. The RBHA provides the mandatory 100% cash and service match. ABC administers this program with program oversight from the RBHA.

HUD Mainstream Mainstream

Mainstream program vouchers enable families having a person with disabilities to lease affordable private housing of their choice. Mainstream program vouchers also assist persons with disabilities who often face difficulties in locating suitable and accessible housing on the private market. Public Housing Agencies (PHA's) and non-profits may apply for mainstream funding to develop or operate housing assistance programs. ABC has obtained 75 vouchers for disabled individuals and families and the RBHA funds the required cash match.

HUD 811 Section 811 Supportive Housing for Persons with Disabilities

HUD provides interest-free capital advances to nonprofit sponsors to help them finance the development of rental housing such as independent living projects, condominium units and small group homes with the availability of supportive services for persons with disabilities. The capital advance can finance the construction, rehabilitation, or acquisition with or without rehabilitation of supportive housing. The advance does not have to be repaid as long as the housing remains available for very low-income persons with disabilities for at least 40 years. HUD also provides project rental assistance; this covers the difference between the HUD-approved operating cost of the project and the amount the residents pay--usually 30 percent of adjusted income. The initial term of the project rental assistance contract is 5 years and can be renewed if funds are available. The RBHA funds the entire supportive services for this program with Toby House, Triple R, Southwest Behavioral Health and other service providers and provides the required leverage/cash match.

HUD Section 8 Section 8

Housing choice vouchers allow low-income families to choose and lease safe, decent, and affordable privately-owned rental housing. Consumers receive federal rental subsidy as long as they meet criteria, funding is available and they follow program rules. The RBHA provides supportive services to consumers in this living situation.

Public Housing Authority (PHA)

Public housing was established to provide decent and safe rental housing for eligible low-income families, the elderly, and persons with disabilities. Public housing comes in all sizes and types, from scattered single family houses to low rent apartments.

Section 202

Section 202 provides capital advances to finance the construction and rehabilitation of structures that will serve as supportive housing for low-income elderly and disabled persons and provides rent subsidies for the projects to help make them affordable. This program helps expand the supply of affordable housing with supportive services for the elderly and disabled. This program provides capital advances to finance property acquisition, site improvement, conversion, demolition, relocation, and other expenses associated with supportive housing for the elderly and disabled. Residential providers such as Toby, PSA, Southwestern Behavioral Health, Triple R, etc., own properties such as Brookside, Villa Agave, Villa de Con Fianza, and Harvard. The RBHA/State provides the required leverage and cash match to maintain these programs. They also provide supportive services through covered services to assist them in maintaining their independent housing.

State General Funds State General Funds

State general funds have been used to develop transition housing for individuals who have left the Arizona State Hospital, Supervisory Care Homes or residential programs. This money is being used to rent properties usually four bedroom homes. They also provide supportive services through covered services to assist them in maintaining their independent housing in accordance with their ISP.

COMCARE Trust COMCARE Trust

Liquidated assets from COMCARE Trust proceeds are used to lease and purchase homes and apartment complexes for priority population class members' community placement programs. They also provide supportive services through covered services to assist them in maintaining their independent housing. They also provide supportive services through covered services to assist them in maintaining their independent housing in accordance with their ISP

HB2003 House Bill 2003

Arizona legislatures voted unanimously in the 2000 special session to approve the use of Tobacco Litigation funds to improve deficiencies that were identified in the existing mental health system. As a result of

HB2003, ValueOptions expanded permanent housing, rehabilitation, and case management programs and services for adults diagnosed with a serious mental illness. They also provide supportive services through covered services to assist them in maintaining their independent housing in accordance with their ISP

C.O.O.L. Correctional Officer/Offender Liaison Program

In 2002, the COOL program expanded to include housing for homeless individuals with felony convictions and substance abuse issues. COOL and the Department of Corrections established the Community Transition Housing Program which is a comprehensive housing and supportive services system providing offender appropriate resources which maximize opportunities for offenders to transition from prison into the community without compromising public safety.

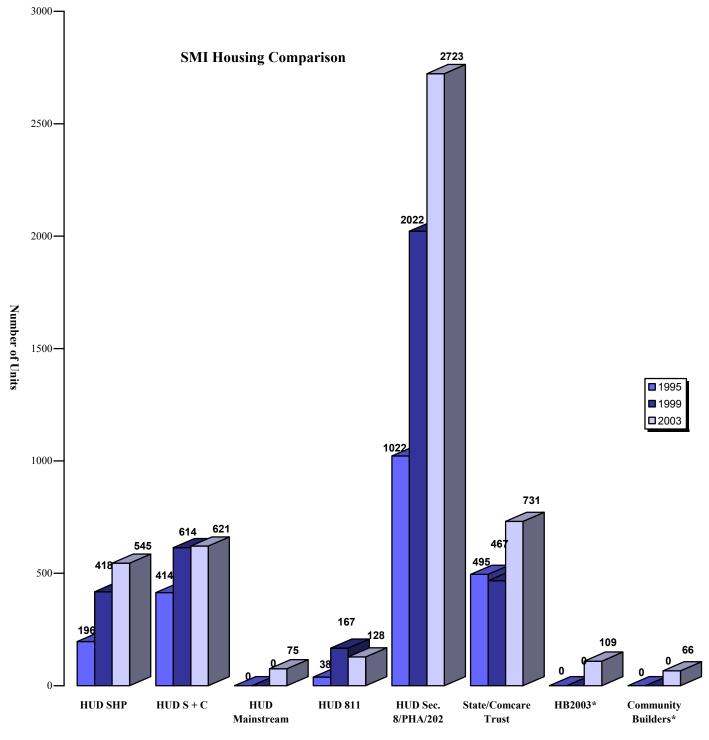
Community Builders Roommate Matching Service

Community Builders is a new program created to provide limited subsidized shared housing based on matching consumers with strong independent living skills and similar interests to equally divide living expenses. Subsidies are in place for up to nine months through covered services. Consumers have freedom of choice and are not required to have a roommate should they decide to live alone.

The following table describes the number of individuals receiving housing services through the various programs identified above. The table traces the development of these programs since 1995. The graph depicts these results graphically. As noted, there has been a significant growth in housing resources for the seriously mentally ill in Maricopa County since 1995. One type of housing that has nearly tripled is the HUD Section 8/PHA/202. This is due to the fact that all eligible individuals who are enrolled in the Maricopa County housing or residential programs are assisted in applying for Section 8 since this is the most flexible, long-term, stable housing resource. The Exit Stipulation states "ADHS will make reasonable efforts to pursue and maintain federal funds for housing support services for classmembers. To the extent that, despite ADHS' efforts, housing support grants currently funded by the United States Department of Housing and Urban Development (HUD) are not maintained or continued, ADHS will use its best efforts to obtain alternative funding for continued provision of the same level of service" (Paragraph 32). Clearly, while ADHS has met and substantially exceeded the Exit Stipulation requirement, meeting the need for additional housing for individuals with a serious mental illness continues to remain a priority for the Department. Individuals with a serious mental illness represent one of the populations that meet the federal emphasis on serving chronically homeless individuals. This places the Department in a favorable position for federal funds. Generally, state and federal surveys indicate that approximately 19% to 25% of the homeless population are individuals with a serious mental illness, however when you add individuals with undiagnosed mental illness and substance abuse to the total, the percentage reaches as high as 70%. Also, many individuals with a serious mental illness who are not homeless have unsafe or inadequate

housing or are one SSI payment or paycheck away from homeless. Since many of the Federal programs are targeted to the homeless population (Section 8 is an exception), the Department has combined a number of federal and state funding streams to develop the current program inventory. Many of the individuals who are identified as a priority population in the Exit Stipulation meet or have met either the homeless or inadequate housing criteria and are therefore a focus of a large percentage of housing activities.

Maricopa County Housing By Category 1995, 1999 and 2003						
Type of Program	Number of Units Available		lable	Description		
	1995	1999	2003			
HUD SHP	196	418	545	Federally funded Supportive Housing Programs for homeless, disabled individuals.		
HUD S+C	414	614	621	Federally funded program for homeless, disabled individuals and families.		
HUD Mainstream	0	0	75	Federally funded certificates offered to non-profit agencies to provide subsidy for disabled individuals.		
HUD 811	38	167	128	This category includes all federally funded project based housing units built using HUD 811 subsidy and designated for SMI housing, transitional and Supervised Independent Living included.		
HUD Sec. 8/PHA/202	1022	2022	2723	Community-based integrated living designed to maximize self-sufficiency. Living arrangements include: family domicile; apartment living; and rental subsidy programs such as state funded subsidy; tenant-based and sponsor-based housing in HUD funded Shelter Plus Care programs, Section 8, Supportive Housing Programs and federal project based housing programs.		
State/ComCare Trust	495	467	731	This category includes any level of housing that has been subsidized using money designated by ADHS/BHS and from the ComCare Trust fund.		
HB2003*	0	0	109	Includes all housing opportunities for SMI priority population individuals subsidized using State funds regardless of level of housing.		
Community Builders*	0	0	66	Roommate compatibility service subsidized using funds allocated by ADHS for covered services through budget re-allocation. Consumers are matched to live together and are trained on paying rent timely, cleaning their units, apartment selection, and managing their mental illnesses in the community.		
Total	2165	3688	4998			



Funding Source

3. Strengths, Weaknesses, Threats and Opportunities Analysis

a. Strengths

- 1. The Governor established a Department of Housing (DOH) in 2002. The Director of the Department previously served as a consultant to the Maricopa County RBHA for housing for individuals with a serious mental illness. At least two other members of the Department of Housing have direct experience with this population.
- 2. The Governor's Office organized several state agencies that have a role in housing and increased their collaborative efforts by forming a workgroup that has developed a coordinated strategic plan. The workgroup is called the State Planning to Address Homelessness (SPAH).
- 3. The amount of funding received from the HUD Continuum of Care has been stable and has actually increased slightly. Renewal of existing HUD Continuum of Care housing awards has insured a stable funding base for the at least the next 3 years.
- 4. House Bill 2003 provided \$12.7 million in permanent housing and housing related services for housing for persons with serious mental illness in Maricopa County.
- 5. Over the last three years there has been a significant increase in the number of housing staff employed by the Maricopa County RBHA. Most of these housing specialists work directly on clinical teams.
- 6. ADHS is committed to develop additional housing resources at the Maricopa County RBHA as demonstrated by the allocation of State funds, cash match and administration funds for federal funds.

b. Weaknesses

- 1. Increasing levels of competition for HUD Continuum of Care housing funds continues to be a concern although no units have been lost.
- 2. The population growth in Maricopa County has increased the demand for housing in general and has increased the cost of affordable housing.
- 3. There has been growth in the number of landlords and property managers implementing Crime Free housing programs; however, the recent economic slowdown has caused some property managers to reconsider this policy.
- 4. The existing shortage of low-income housing in Maricopa County impairs the ability of class members to secure housing.

c. Threats

- 1. The economic slow down may lead to decreases in resources available to maintain the existing housing continuum. At this point, this concern has not materialized.
- 2. Increased demand for subsidized housing due to economic conditions may reduce HUD funding for persons with serious mental illnesses. However, at the Federal Level there has been no mention of changes on the current HUD distribution of resources.
- 3. The unemployment rate is on the rise.

d. Opportunities

- 1. The economic slow down may increase the RBHA's influence among housing providers and government agencies involved in the provision of housing.
- 2. Decreased housing costs resulting from economic recession may allow us to purchase or lease properties at a lower cost.
- 3. ComCare Trust funds have been committed to purchasing additional permanent housing units.
- 4. Additional housing staff on the clinical teams will improve access to housing options and support services for consumers.

II. ADHS Vision, Mission and Principles for Housing

1. Vision

Over the next three years, the Arizona Department of Health envisions a wide variety of housing units and support services for persons with a serious mental illness in Maricopa County. The units will include at least 4250 units of housing funded through HUD programs. The Department will also continue activities to ensure that individuals with a serious mental illness are ultimately able to obtain permanent Section 8 vouchers. The Department will continue to supplement HUD housing with at least 1118 units of housing purchased using funding contributed by the State of Arizona, Tobacco Tax Litigation funds, the COMCARE Trust and other resources. The Department will also continue to collaborate with state and local government agencies to develop additional units of housing for special populations.

2. Mission

The mission with respect to housing for the Arizona Department of Health is "to provide opportunities for individuals with a serious mental illness to live in a decent, safe and healthy community environment that will assists in the individual's recovery."

3. Guiding Principles

The Arizona Department of Health has identified the following guiding principles for housing and housing services:

- a. Individuals with serious mental illnesses have the ability and desire to learn the skills necessary to lead self-fulfilling, productive lives.
- b. Individuals deserve to live in the least restrictive setting possible based on needs.
- c. Stable housing contributes to recovery from serious mental illness.
- d. ADHS has the responsibility to provide a continuum of housing options that will meet the needs of individuals as identified in their treatment plans.
- e. Adults with serious mental illnesses will have the opportunity to live in their own homes and participate in treatment services intended to promote recovery and community-based living;

- f. Individuals whose treatment plan includes housing as a service will have access to a continuum of housing options;
- g. In accordance with the needs identified in their treatment plans, class members will participate in selecting the most appropriate housing option and/or supports needed to promote and sustain their recovery from serious mental illness;
- h. The housing continuum will emphasize permanent housing options or clients' homes rather than living situations that require clients to move when the level and/or intensity of treatment supports they require to sustain their recovery changes.
- i. All housing programs will be limited to eight individuals and there will be a strong preference for four or less individuals.
- j. An individual's decision to accept or reject treatment services will not affect her/his eligibility for housing services.

Context of the 2003 Plan

Due to changes in the behavioral health system in Maricopa County and the potential for a severe reduction of federal housing funds, the previous strategic plan for housing emphasized activities necessary to ameliorate the potential crises. As the critical situation that drove the original strategic plan has dissipated, the current plan will focus on the development of stable funding sources for the continuum of housing services available to persons with serious mental illnesses in Maricopa County.

The ADHS will pursue a number of distinct objectives during the next five years. These objectives and activities appear below.

III. Role of ADHS and Other State Agencies

1. Role of ADHS in housing activities:

ADHS will continue the collaborative working relationships that have been established with other state and local agencies and will directly fund outreach and housing development. Housing programs, funding streams and expertise extend beyond that typically found in a behavioral health system. In order to tap into these resources the Department needs to work extensively with a variety of agencies in order to meet the mission and principles described above. The Arizona Department of Housing (ADOH), Arizona Department of Health (ADHS), Arizona Health Care Cost Containment System (AHCCCS), the Department of Economic Security (DES) and the Department of Corrections (DOC) are agencies that have been identified by the Governor as playing a role in housing for the poor or disabled populations. These agencies have established a partnership identified as the State Planning to Address Homelessness. The plan that has been developed indicates the complex inter-relationships that exist between agencies that serve the homeless or disabled populations. The specific plan and objectives are attached as Appendix C. In addition to this significant collaborative effort, ADHS is also closely involved with the Maricopa County Association of Governments (MAG) Regional Committee, the Planning Committee and the Advisory and Users Group for the Homeless Information System. ADHS is also active in the Arizona Coalition to End Homelessness (ACEH). This coalition has

also established strategic initiatives that are described later in this section. These partnerships have identified the multi-agency nature of the housing problem and that any solutions will need to rely on multi-agency efforts. In addition, ADHS will develop and provide a number of educational activities for community stakeholders and specific training for RBHA clinical staff.

The plan as presented is linked to three other plans in which the Department plays a vital role. Excerpts from these plans are included to illustrate the variety of activities that have developed in our pursuit of additional housing.

a. Project to Assist the Transition from Homelessness (PATH):

The Arizona Department of Health Services will utilize the Project to Assist the Transition from Homelessness (PATH) Grant Funds to provide an array of services to persons who are homeless and have a serious mental illness, including those with co-occurring substance abuse problems. ADHS directly contracts with Southwest Behavioral Health Services (SWBH), a non-profit behavioral health service agency, to provide PATH services in Maricopa County. The Southwest Behavioral Health Services Homeless Outreach Team continues to focus on outreach, screening and diagnostic services, emergency assistance, case management, and referrals to the most appropriate housing environment. The PATH program is located at the ValueOptions Washington House Clinic to ensure a close working relationship with intake and clinical staff.

The homeless outreach team provides services for individuals or families who are: A) homeless or at imminent risk of becoming homeless; and B) are suffering from serious mental illness; or C) suffering from serious mental illness and have a substance use disorder. The homeless outreach team maintains contact with clients throughout Maricopa County in many different locations and sites. These sites range from the streets, vacant buildings, homeless shelters, homeless campgrounds, river bottoms, desert campsites, parks, jails, hospitals and neighborhoods. The PATH program is stationed at the Washington House Homeless Clinic at ValueOptions and is administered by Southwest Behavioral Health (SWBH).

The services provided by the PATH homeless outreach program are: 1) Outreach activities and Community Education. 2) Field assessments and evaluations. 3) Intake assistance/ emergent and non-emergent triages. 4) Transportation assistance. 5) Assistance in meeting basic skills. 6) Transition into the ValueOptions case management system. 7) Medication and assistance in getting prescriptions filled. 8) Move-in assistance. 9) Housing referrals both transitional and permanent placements. 10) Additional services provided include outreach activities hotel vouchers, food, clothing, and housing referrals for both transitional and permanent placements

These services are provided in locations where individuals who are homeless gather. Some services are initiated at the point of contact either in the field or at the RBHA Washington House clinical site. The homeless outreach workers maintain contact with these clients in many different locations. Once enrolled as a PATH client, the homeless are transported to the Washington House, where the PATH staff is located for intense follow-up. At the Washington House, the process of screening participants for service eligibility and case management begins. Please note that this is done during the daytime hours. During the evening hours the night shift outreach specialists assist clients with checking into hotels with the hotel vouchers.

Persons who are identified as homeless and having a serious mental illness will be engaged in supportive and treatment services and integrated into the "traditional" behavioral health system (ValueOptions). During fiscal year 2002/2003, the PATH program project expects to serve over 800 homeless clients with a serious mental illness.

Goal 1: Continue to expand and improve the quality of services provided by the Southwest Behavioral Health Services-Project for Assistance in Transition from Homelessness (PATH) Program that is funded through a federal grant.

Objective 1: Continue to expand PATH services as new funds are allocated to Arizona by 12/1/03.

Upon receipt of the 2003-2004 funds, two additional Outreach Specialists will be hired increasing number of staff team members to 11. The Valley's continual growth and development is as always accompanied by an increase in homeless populations. The addition of the two staff members will allow the team to train members in preparation for the opening of the Day Resource Center and commit these two team members to assist the DRC in similar fashion as we currently are assisting the Central Arizona Shelter Services (CASS). These two additional staff members will eventually be based at the Day Resource Center and have the use of a cellular phone, van, and laptop computer to access the PATHNET database and Value Options ABSOULTE system. Through a collaborative effort of the Day Resource Center and PATH the new outreach specialists will assist in meeting the needs of the increasing homeless population in Maricopa County.

Objective 2: ADHS will assist SWBHS in continuing to coordinate with ValueOptions Direct Services staff and other agencies in the community to engage individual in the "traditional" behavioral health system and connect them with needed services in the community by 12/1/03.

The ability to place people quickly into a housing situation has been a key factor in mainstreaming people back into the community and ending chronic homelessness. The availability of supportive housing services and subsidized units has made it possible to provide the needed housing and support services to mainstream people into the system. ValueOptions is actively involved with the PATH program in trying to mainstream people into services provided by the behavioral health system.

SWBH PATH program staff will continue to work with law enforcement to divert people from the criminal justice system and encourage them to seek services and needed supports as an alternative to incarceration. The City of Phoenix Police has assigned officers to the parts of the City, where people who are homeless sleep and receive services, these officers work with the PATH team. They are involved in the Homeless Consortium, of which the ADHS and PATH team is also represented. Staff from the PATH program outreaches shelters to determine if a person should be provided outreach into the mental health system. Maricopa County HealthCare for the Homeless supports a medical clinic for persons whom are homeless. Various churches and non-profit agencies operate meal programs in the downtown area. None of the services are specifically for persons with serious mental illnesses but persons who have a serious mental illness use the services.

Objective 3: ADHS will continue to seek federal technical assistance funds to improve the quality of services provided by the SWBH PATH program and ValueOptions staff, as well as other community agencies that provide services to individuals who are seriously mentally ill and homeless by 12/1/03.

During the past two years Arizona has been the recipient of federal technical assistance grants to provide training to the PATH providers. At each training session, community providers and agencies were invited to participate. Since ValueOptions and SWBH PATH programs are also responsible for substance abuse treatment programs, as well as programs for adults with serious mental illnesses, the working relationships have already been formalized. RBHA case managers have the ability to secure needed substance abuse services from within their own system; therefor PATH collaborates to access these services. In addition, the State of Arizona continues to implement a statewide initiative to provide integrated treatment for persons with co-occurring disorders. Services to homeless persons with co-occurring disorders are a specific component of the initiative.

b. State Planning to Address Homelessness (SPAH):

The SPAH work group was established by an Executive Order in 2002 by then Governor Hull and has been revised and is in the process of being endorsed by Governor Napolitano. This meeting is a work group that meets monthly and includes 7 state agencies to coordinate and address the services to homeless people. Representatives from the Governor's Office, the Maricopa and Tucson Continuums of Care and the Department of Administration, Corrections, Housing, Health Services, Economic Security, Education, Veterans Services and AHCCCS. The group has completed a gap analysis of state services to homeless individuals and families across the state. In the coming months the group will be working on flushing out the objectives in their action plan and prioritizing the gaps analysis.

In September of 2001, Arizona put together a state team and applied to attend the federal policy academies that were sponsored by HUD, Health and Human Services (HHS) and the Veterans Administration (VA). The team consisted of representatives' from Arizona Department of Health Services, Arizona Department of Economic Services, Arizona Department of Veteran's Services, and City of Tucson, Arizona Coalition to End Homelessness, Maricopa Association of Governments, Arizona Department of Housing, Arizona Department of Corrections, and Office of the Governor Janet Napolitano. In November 2002 federal consultants came to Arizona and conducted a 1.5-day orientation for team members. Arizona state team members attended the 2.5-day academy in Atlanta in January 2003 that focused on improving access to mainstream services for people experiencing chronic homelessness.

Goal 2: DBHS staff will continue their ongoing participation in the State Planning to Address Homelessness.

Objective 1: Participate in the development of the SPAH action oriented state plan on homelessness. The goals and objectives that have been drafted are included in Appendix C (ongoing).

Objective 2: Once the plan is finalized it will be reviewed with Agency Directors

Objective 3: Participate in the Maricopa County Gap Analysis Ad Hoc Work Group (ongoing).

This is a sub group of the larger Maricopa County Continuum Care Committee (CoC). The goal of this work group is to review various data elements, such as the Maricopa County Homelessness Indicators, the DES Survey of Beds and Services in Maricopa County, and the preliminary results of homeless street count. Once reviewed the group will determine what information is missing and how best to gather it. Once all the information is gathered it will be entered on to the Housing Gaps Analysis Chart and be part of the Maricopa County CoC HUD Application. ValueOptions staff also participates on this committee.

c. Maricopa Association of Governments (MAG):

Goal 3: DBHS staff will continue their ongoing participation in the Maricopa Association of Governments (MAG) Continuum of Care Regional Committee on Homelessness

Members of this committee include local and state elected officials, representatives of the Governor's Office, service provider agencies, business representatives, funders, ValueOptions staff, and advocates. The committee prepares an annual homeless plan and submits an application to the U.S. Department of Housing and Urban Development.

Objective 1: Advocate and educate for the need for additional housing resources to be dedicated for individuals with a serious mental illness (ongoing).

Objective 2: Development working relationship and cultivate partnerships with other agencies by participating in the Regional Committee, Planning Subcommittee, HMIS Advisory Group and HMIS User's Subcommittee (ongoing).

- **a. Regional Committee:** Former Chief Justice Frank X. Gordon served as the Chairman of the Continuum of Care Regional Committee on Homelessness, the current chair is Ernie Calderon. Jan Brewer, formerly the Maricopa County Board of Supervisors' Chairman, currently the Secretary of State served as the Vice Chair of the Committee. Members include representatives of the Governor's Office, elected officials of county and local governments, foundation representatives, the Valley of the Sun United Way, ValueOptions and the Mesa United Way, service providers, advocacy groups and formerly homeless people. The task of this Committee is to oversee the development of an effective plan to address homelessness in the region. In addition, the Committee has taken responsibility for the annual funding application submitted to HUD. The HUD funds have provided millions of dollars to agencies serving the most vulnerable homeless people. The RBHA provides State funds for the dollar for dollar match for agencies housing homeless persons with a serious mental illness.
- **b. Planning Subcommittee:** The task of this Sub-committee is to research and develop effective policies and practices to provide an array of services to homeless people in Maricopa County. Prevention, emergency shelter, transitional housing and permanent housing with supportive services are included in this continuum. HUD is providing

assistance by contracting with HomeBase, a consulting firm, to research best practices across the country, and make appropriate suggestions for our region. This Subcommittee is chaired by Tom Canasi, City of Tempe, and includes members of the Regional Committee, representatives of Arizona State University and interested provider agencies.

c. Homeless Management Information System (HMIS)-Advisory Board and Users Group: The HMIS Advisory Board and User Group focus on the implementation of the HMIS database that was funded through HUD. The HMIS Advisory Board provides input on the overall project development, implementation, policy issues, reporting of information and evaluation of the HMIS database in Maricopa County. The HMIS User Group is comprised of providers who will be using the system to develop procedures and assist in resolving issues that are raised during implementation.

Planning Process: The Maricopa HMIS implementation began with a community wide planning process held in December 2001. The Maricopa Association of Governments, on behalf of the Continuum of Care Regional Committee on Homelessness and the Community Information & Referral, Inc. (CI&R) of Maricopa County, convened a planning process to identify the high level requirements for the Maricopa Homeless Management Information System (HMIS) and to select a software vendor that would meet the requirements of the local community and the U.S. Department of Housing and Urban Development (HUD). Community Information & Referral is the Grantee and host agency for implementation of the Maricopa HMIS. This planning process, which included representatives of homeless provider agencies, city, county, ADHS, ValueOptions state government agencies, private foundations, and private information technology experts, developed a design for the system and presented its recommendations to the Continuum of Care Regional Committee on Homelessness and its Planning Subcommittee for approval.

User Group: The Maricopa HMIS implementation structure includes a User Group responsible for oversight and monitoring of the implementation, development of policies and procedures for problem resolution regarding system implementation. This serves as a forum for current and future users to discuss their implementation status, raise questions and participate in the policy setting process. The User Group meets on a bi-weekly basis. The User Group purpose: 1) Assist the CI&R and Project Team with detail policy and procedure development, system usage, etc.2) Review and comment on provider use of the HMIS-provide the Provider perspective.3) Resolve issues raised by CI&R, the Advisory Board and the Continuum 4) Participate in the evaluation of the HMIS system. The User Group has: 1) Finalized the Partnership Agreements and Code of Ethics. 2) Developed draft Policies and Procedures that will be finalized in the next month. 3) Monitored and provided feedback on User training. The User Group will also serve as the review and decision making step for requests from external organizations for reports/data, problem resolution regarding agency policy or procedural violations, and agency grievances.

Advisory Board: The Maricopa HMIS Advisory Board which is comprised of community, local government, business, ValueOptions and agency stakeholders

provides advice and guidance regarding the overall implementation of HMIS and serves as a forum for key stakeholders to be provided information about the implementation of HMIS, to participate in the planning and policy setting, and to understand the potential of HMIS implementation. The HMIS Advisory Board meets every 6 weeks. The Advisory Board role is to: 1) provide input on overall project development, implementation and evaluation. 2) Provide input/approval on high level operational and policy issues. 3) Resolve issues raised by CI&R, the User Group and the Continuum. 4) Provide support for project funding. 5) Participate in evaluation. 6) Oversight of the reporting of data issues. 7) Serve as a communication link between HMIS and Continuum of Care Planning and with funders. 8) Provide opportunity for interface with statewide Continuum issues

d. Arizona Coalition To End Homelessness (ACEH)

The Arizona Coalition to End Homeless is a non-profit organization of individuals and agencies that advocate for persons who are homeless. As of May 16, 2003, ACEH consisted of 31 individual members and 44 agencies with annual budgets ranging from under \$5,000 to over \$1,000,000. Twenty-five of the agency members have annual budgets over \$1,000,000 including the RBHA.

The Mission of the Arizona Coalition to End Homelessness is to strengthen the capacity of local communities to respond to homelessness through statewide leadership, technical assistance, and advocacy. The ACEH promotes knowledge and awareness about homelessness and its causes and coordinates events in Arizona for National Hunger and Homeless Awareness Week. ACEH provides assistance to local communities and agencies that are responding to homelessness. ACEH offers workshops, training opportunities, as well as access to resources and information. ACEH sponsors the largest annual conference on homelessness in Arizona.

Goal 4: DBHS and the Maricopa County RBHA staff will continue their ongoing participation in the Arizona Coalition to End Homelessness (ACEH).

- Objective 1: Advocate and educate for the need for additional housing resources to be dedicated for individuals with a serious mental illness (ongoing).
- Objective 2: Development working relationship and cultivate partnerships with other agencies participating in the ACEH (ongoing).
- Objective 3: Participate in the achievement of the goals and objectives that have been identified in the ACEH strategic plan listed below (ongoing).

e. Participation in the Continuum of Care:

ADHS will continue to partially rely on funding secured through the HUD Super Notice of Funding Availability (Super NOFA) as one of the sources for financial resources for housing. Generally, these funds come from HUD's Shelter Plus Care (S+C), Supportive Housing Program, Section 811 Housing for People with Disabilities, and Section 8 Housing Voucher

programs. Organizations wishing to secure funding through HUD's Super NOFA programs must participate in a locally controlled Continuum of Care. HUD requires Continuum of Care participants to prioritize all new and existing housing activities, and then allocate HUD funds based on this prioritization. ADHS through the Maricopa County RBHA provide both cash match and administrative funds for these projects.

Goal 5: ADHS and RBHA will maintain and expand the housing units now funded through Continuum of Care programs.

- Objective 1: Serve on the Maricopa County Continuum of Care Regional Committee on Homelessness, the regional HUD-mandated policy making body, to advocate on behalf of class members (annually).
- Objective 2: ADHS will continue to provide cash match and administrative funds used to support Continuum of Care proposals.
- Objective 3: Represent the needs of individuals with a serious mental illness on the Maricopa County Continuum of Care with the goal of cultivating relationships with other participating organizations and generating support for existing Continuum of Care projects and to plan the use of HUD funds in the region. Participate on individual Continuum of Care committees include: Homeless Planning Analysis and Gaps Subcommittee, Shelter Plus Care Subcommittee, Homeless Continuum of Care Subcommittee, Ranking and Review Committee (Ongoing)
- Objective 4: Work with non-profit organizations, including the existing Housing Administrator (ABC) to pursue opportunities to secure additional housing resources through the HUD programs (Ongoing).
- Objective 5: Assist the RBHA and Behavioral Health housing providers as necessary to develop proposals to submit to HUD for the various funding programs (annually).
- Objective 6: Work with the current non-profit Housing Administrator (ABC) to facilitate application of the twenty-five percent cash matching funds provided by the RBHA and required by HUD (Ongoing).

f. State Funded Programs:

Currently, the state of Arizona directly supports 906 units of housing for persons with a serious mental illness in Maricopa County. This housing includes 673 units that target persons who require extensive support services and 250 units targeted toward persons transitioning from the Arizona State Hospital and Supervisory Care Homes.

Goal 5: ADHS will continue the expansion of state funded housing programs.

Objective 1: ADHS will develop at least 212 additional state-funded housing units within the two years (7/1//05).

ValueOptions Housing staff is in the process of acquiring over \$5.4 million dollars from the ComCare Trust fund of permanent housing stock to house priority population consumers.

ADHS is in the process of finalizing an IGA with the Arizona Department of Housing to assist the Maricopa County RBHA to develop 212 units of housing within the next two years. The IGA that describes ADOH activities for year one is attached as Appendix F. In addition, ADHS will submit a Critical Issue Budget Justification to request additional funds to expand housing resources to meet the goals previously stated. The most recent submission is attached as Appendix D.

g. Educational Activities for the Community:

ADHS in collaboration with the Department of Housing and the Maricopa County RBHA will provide a variety of educational activities regarding the needs of individuals with a serious mental illness and housing to the Legislature and other relevant parties. These activities will include:

Goal 6: Develop educational activities for community stakeholders.

- Objective 1: Developing information and materials that will demonstrate the need for both maintaining and expanding state expenditures on housing services for persons with serious mental illnesses by 12/1/03;
- Objective 2: Provide analysis, including cost-benefit analysis, of the effects of housing on the process of recovery from serious mental illness by 12/1/03;
- Objective 3: Highlight and promote the inter-organizational and inter-agency collaboration in the ADHS and RBHA efforts to maintain and expand the continuum of housing services available to persons with serious mental illnesses in Maricopa County 06/30/04.
- Objective 4: Host educational seminars and events annually for representatives of units of local government, and/or stakeholders. These seminars will provide participants with information regarding the role of housing in the process of recovery from mental illness, the benefits that accrue to local communities as a result of supporting the behavioral health housing continuum, and promote the acceptance of individuals with serious mental illnesses in the neighborhoods in which they reside 6/1/04.

h. Training for RBHA Clinical Staff:

ADHS will work with the Maricopa County RBHA Housing Manager to develop training programs that increase staff awareness of housing options. The RBHA Housing Manager will assist in the development of grant proposals and provide administrative or technical assistance as necessary. The Housing Manager, in conjunction with the training department and the housing specialist clinical teams, will create a comprehensive housing training program to be delivered

twice a year for all clinical sites. The Housing Manager will assure that all new employees, housing providers, and housing specialists on clinical teams will be trained on housing issues and housing related services annually.

Goal 7: Develop training for all RBHA Clinical Team Staff, consumers and advocates.

- Objective 1: Develop a comprehensive training program 12/1/03.
- Objective 2: Deliver training to all nurses, case managers, rehabilitation staff, substance abuse staff and other clinical team staff on housing related issues, their roles and importance of community integration 6/1/04.
- Objective 3: Create and implement a plan to educate and inform consumers and family members regarding housing issues 12/1/03.
- Objective 4: Develop specialized training for Case Managers regarding the housing arena and the importance of securing and maintaining subsidized housing 6/1/04.
- Objective 5: Develop specialized training for housing administrators and specialists on clinical teams regarding their role on the clinical team, ABC, subsidized housing programs, oversight of housing providers, funding streams, homeless issues, supporting vocational and meaningful community activities 6/1/04.
- Objective 6: Develop and deliver specialized training for in-house housing staff, contracted housing providers, case managers and clinical team housing specialist in the areas of Fair Housing, the Americans with Disabilities Act, AZRLTA, Adult Residential, confidentiality, HUD rental subsidized programs (Section 8, McKinney Act: Shelter Plus Care, HOPWA, Supportive Housing Programs Section 811, Continuum of Care), sponsor based, Tenant based, and Project based housing 10/1/04.
- Objective 7: Develop polices and procedures, forms, criteria, and protocols for housing providers and housing staff on the permanent housing units for consumers being housed under the RBHA housing acquisition program 12/1/03.
- Objective 8: Require RBHA housing staff to be certified in Housing Quality Standards (HQS) to assure consumers are living in quality housing by 12/31/03.

IV. Identify any additional staff resources that will be needed.

The Department has decided that increasing the number of housing staff at the RBHA level was more important that increasing internal ADHS capacity. ADHS will continue to use existing staff in the Adult Services Bureau to provide the resources necessary to conduct coordination activities. The Chief of Clinical Services, Chief of Adult Services and several program representatives have each been assigned to the various activities identified in this document. For coordination purposes, the Department has also fostered a strong working relationship with the Arizona Department of Housing.

The Maricopa County RBHA housing department has increased the number of staff devoted to housing on clinical teams but not all teams have housing specialists at this point. The RBHA has proposed to have, at the very minimum, one housing specialist at each site that will not carry a caseload. The housing specialists have proven their value by participating in staffings, locating affordable units, negotiating with landlords, taking consumers to Public Housing Authorities to place them on Section 8 waitlists and providing more intense training and technical assistance to case managers on housing issues. Housing staff on clinical teams have prevented a record number of evictions, attended numerous court hearings with consumers on Landlord/tenant issues, enhanced advocacy skills for the sites and provide additional move-in assistance and eviction prevention funds to consumers. The housing specialists on clinical teams have prevented approximately 350 consumers from losing their housing in the Community Tenure program, exceeding program goals. Without the housing staff, this would not have occurred. Housing specialist hired at clinical sites will be used to work on reducing the number of consumers in hospitals, adult residential and Supervisory Care Homes (SCH) by locating low-income housing that consumers may be able to rent under sponsor based housing.

Goal 5: Continue to monitor and adjust the number of RBHA staff devoted to housing resources and housing support services.

- Objective 1: Increase the number of Housing Specialists employed at the ValueOptions clinics by 6/30/04.
- Objective 2: Continue to train RBHA Housing Staff in best practices in housing and supportive services.
- Work closely with RBHA Housing Manager and Service Integration Officer to secure funding for housing specialist on clinical teams.

V. Develop an ongoing collaborative relationship with ADOH.

1. Work with the ADOH to create Low Income Tax Credit projects by 7/1/03.

Because of the complex legal complications associated with the bonding agencies, the decision was made to purchase a small apartment complexes and additional houses instead of the large complex. Issues surfaced when other funding sources wanted total control of the projects. ADHS and the ADOH will continue investigating the use of Tax Exempt bonds for affordable housing. This initiative will continue to be explored as new funding sources become available, however, at this time; this effort has not been fruitful.

2. Jointly develop with the ADOH objectives to address the housing needs of persons with a serious mental illness by 10/1/03.

The Arizona Department of Housing (ADOH) has worked with the Arizona Department of Health Services (ADHS) and its Regional Behavioral Health Agencies in developing affordable housing options for persons with a serious mental illness throughout the State of Arizona, with particular emphasis in Maricopa County. ADHS and ADOH's have identified the following role for ADOH in providing housing options in Maricopa County:

Objective 1: Serve as the HUD Grantee for Continuum of Care – Shelter Plus Care homeless housing programs (ongoing).

ADOH will serve as the Grantee for six HUD McKinney Continuum of Care grants providing permanent housing for homeless persons with a serious mental illness or co-occurring disorders. A total of 763 units are provided, with all but 12 units providing rental assistance to individual tenants who choose where they want to live throughout the county. These programs provide affordable housing opportunities of the client's choice in the least restrictive manner. All these programs have a required full complement of supportive services, which are provided through the RBHA service system. They also require administrative funds and dollar for dollar service match, which is provided by ADHS.

Objective 2: Serve as the administrator for ADHS-funded housing development programs (until 2017).

ADOH will continue to serve as administrator for affordable housing development under H.B. 2003 on behalf of ADHS in Maricopa County, working with the RBHA, ValueOptions. Under the program, 109 beds of permanent housing for persons with a serious mental illness have been developed, using H.B. 2003 and other leveraged funding sources. ADOH will continue to serve in an oversight role for these programs for the next 15 years.

Objective 3: ADOH will enter into an Inter-Governmental Agreement with ADHS to administer funding from the ComCare Limited Proceeds Trust, to develop permanent affordable housing for persons with a serious mental illness in Maricopa County by 06/30/04.

The program is anticipated to be administered similarly to the successful H.B. 2003 program and will include at least 212 units. In addition, ADOH has had a general discussion with ADHS regarding continuing its role in developing housing options for persons with a serious mental illness in the future, as additional State funding resources are made available through ADHS. A copy of the IGA is attached.

Objective 4: ADOH provides direct funding for projects providing housing designated for persons with a serious mental illness through the <u>State Housing Fund</u>, which consists of a combination of HUD HOME funds and the Arizona Housing Trust Fund (ongoing).

Over the past years ADOH has funded a number of projects, both leveraged and un-leveraged with other funds, through the State Housing Fund. The funding application process and funds

distribution goals provide preferences for projects serving special needs populations, which we anticipate continuing in the future.

Objective 5) ADOH will continue to administer both the Low Income Housing Tax Credit and Non-profit Mortgage Revenue Bond programs, both of which are additional sources of capital development for larger projects, some which have provided set-asides for units providing permanent affordable housing for persons with a serious mental illness (ongoing).

Objective 6) ADOH will continue to provide funding to Arizona Behavioral Health Corporation (ABC) for an eviction prevention emergency homeless housing targeting persons with a serious mental illness (ongoing).

Objective 7) ADOH has created a separate Technical Assistance section of the Department whose function is to work with potential applicants for ADOH housing programs, from the initial project planning stage through the application writing stage (ongoing).

The goal is help agencies such as ADHS develop successful housing projects and facilitate their ability to move through ADOH's and other funding resources processes in a timely manner. This technical assistance is available for potential housing providers serving persons with a serious mental illness.

VI. Requirements for the Maricopa County Contractor

1. Review existing contractual requirements surrounding housing for individuals with a serious mental illness and adjust if necessary by 10/1/03.

ADHS is currently reviewing the contractual requirements regarding housing in its preparation for the Maricopa County 2004 Request For Proposals (RFP). Adjustments to the contract requirements will be made based on this review.

2. Identify any ADHS policies that need to be developed or modified related to housing (rent contributions, size of units, etc.) by 10/1/03.

ADHS is currently examining policies that address housing that may need to be rewritten. At this point, only one policy has been identified (Co-Payment) which has been adjusted. The review of other policies will continue.

3. Work with assigned Maricopa County Contractor's staff to develop fidelity-monitoring protocols for housing programs by 1/1/03.

The ADHS and the Maricopa County RBHA have developed numerous audit tools and fidelity protocols to assure that consumers are housed in safe, decent and sanitary community placements and that in-home supportive service provided by contacted service providers are meeting the needs identified in the individual service plan.

4. Include housing programs in Network Monitoring and Development activities of ADHS by 12//03.

ADHS requires each RBHA to conduct an annual inventory of the providers that include the number of individuals who can provide each of the services identified in the covered services guide. The inventory for 2004 will include the number and type of housing programs available throughout the state. Based on the inventory, ADHS and the RBHAs will identify network development needs which are incorporated into a plan that is monitored quarterly. Housing development activities will be added to the plan for the coming year.

VII. Housing Types and Uses

1. Identify current housing types, funding sources, numbers and populations served and the units available by 7/1/03.

The ADHS and the Maricopa County RBHA have recently completed a review of current housing data and have held a series of housing summits to review, discuss, expand options and incorporate new best practices. The number and funding sources were identified in an earlier section of the document. The following describes the current housing programs and models:

1. Residential Treatment:

24 Hour Supervised Basic Residential:

A licensed twenty-four hour supervised program that provides services to adults in a controlled, safe, 24-hour voluntary program. These services are designed for residents who have significant deficits in social, psychiatric, and psychological functioning. These are significant deficits in living skills requiring extensive support, rehabilitation, and a comprehensive approach to psychiatric, social, and psychological needs. They are designed to provide a high level of staff involvement for those residents requiring substantial skill training and support in a structured environment.

24 Hour Supervised Co-occurring Residential:

Licensed residential program designed to meet the needs of individuals with a serious mental illness and substance abuse disorders. Programs are designed to provide integrated mental health, substance abuse supports and treatment concurrently in the community.

16 Hour Semi-Supervised Residential:

A licensed community based therapeutic group living program designed for residents with deficits in independent living skills but offers a less restrictive and less programmed environment than 24-hour residential. These placements may be in an apartment or HOUSE model setting. Residents go into the community for school, work and outside activities.

Provider Affiliated Housing:

This licensed community based program provides the opportunity to address all levels of residential services in one contract. Programs should be designed and developed to serve individuals with a range of needs. The purpose of this model is to ensure that residents may

continue living at the same site and the level of staff support changes as their needs change, without rental subsidy.

Crisis Stabilization Units:

The crisis stabilization unit is a 24-hour level I facility. There are 32 beds in the under Southwest Behavioral Health currently rendering this service. These are locked facilities with 24 hour nursing. They are frequently used as step-downs from inpatient facilities.

2. Supported Housing:

In addition to psychiatric treatment and rehabilitation activities to support their recovery from serious mental illnesses, certain individuals have a clinically determined need for housing. For these consumers, housing provides structure and consistency that enhances the recovery process.

Semi-independent Community Living:

This level of community housing focuses on providing support and housing for individuals transitioning from the Arizona State Hospital, Supervisory Care Homes, Adult Residential and/or Jail. Two community housing models are available; the House Model and the Apartment Model. Both models use community based supportive service providers to assist the consumers in their daily living and provide opportunities for individuals to manage their symptoms by living in a safe and healthy community environment leading towards independent living. Each person pays his or her own share of the rent as stated in lease/occupancy agreements. This is usually up to 30% of income.

Independent Community Housing:

A setting where an individual can either live alone or with a roommate in a home or apartment with or without supports from mental health staff. Options include: HUD Section 8 programs through local Public Housing Authorities; Low-income subsidized housing through local non-profit organizations; Shelter Plus Care and Supportive Housing Programs funded with federal grants and administered by contracted housing providers; State subsidized rental units; housing purchased with ComCare Trust proceeds permanent houses and apartments with State - HB 2003 funding.

3. Supportive Services

Supportive services may include case management, socialization, recreational activities, vocational and independent living skills training such as; personal hygiene, household tasks, transportation utilization, money management, and the development of natural supports needed to access services in the community. The new covered services implemented in 2001 have greatly expanded the variety of supportive services that are available.

Community Builders Program

Roommate compatibility service is a voluntary referral service for individuals who are able and willing to live independently in the community of their choice. Through apartment sharing, one can combine resources that will enable them to live in a safe, clean neighborhood and have a sense of pride in their home. With the assistance of a community builder staff members and/or peer counselors, consumers will find their own locations, negotiate lease options, furnish units to

their own taste, and clear credit issues. Consumers will be matched to live together and will be trained on paying rent timely, cleaning their units, apartment selection, and managing their mental illnesses in the community. Leases will be tenant and sponsor based, and will offer a smooth transition into independent living. All living expenses will be equally shared between roommates without the assistance of rental subsidy. Rental subsidy is available for a limited duration of time. Consumers are mandated to live with a roommate – they can live along and receive the same benefits of the program.

Respite Services

An out-of-home safe and therapeutic living environment that provides an opportunity for a brief separation with the expected outcome to return to the previous living arrangement that can only be accessed as part of a spectrum of current therapeutic services.

2. Identify role of covered services particularly supportive services and their relationship to successful housing by 10/1/03.

The RBHA housing department provides housing and housing related services for consumers through contracted housing and service providers. The use of covered services for TXIX eligible consumers' provides funding for a variety of in-home supports and other services for this population. Non -TXIX consumers have housing and supportive services provided through state funds. Once a clinical team has determined the type of housing a consumer needs, a referral is submitted to the appropriate department. A link between housing and direct clinical begins with a placement determination workgroup meeting, the consumer is notified when a vacancy becomes available, a staffing occurs and the consumer is placed. This placement determination workgroup consists of the housing specialists, a clinical liaison, case manager, substance abuse, benefits and rehab specialist and any one else pertinent to the consumer's successful transition into the community. Appendix G describes activities that are currently underway at the Maricopa County RBHA that link services with housing.

3. Compare ADHS housing types with the Leff Report recommendations and other data sources by 11/1/02.

The following table describes the funding currently available in Maricopa County and compares the funding categories to the Leff report.

Table 1 Maricopa County Cost Analysis

All SMI Funding and Costs for the Year ending June 30, 2003

	` '	
	2003	Leff Report
Revenue	\$ 235,236,248	
Expense		
Hospital	13,342,002	15,345,349
Residential	112,468,636	134,581,375
Rehabilitation	19,687,310	52,909,208
Treatment	15,075,787	15,382,116
Emergency	7,667,366	16,641,524
Support	28,573,079	34,190,903

(1)

38,422,068

235,236,248

24,457,371

293,507,846

Total Title XIX/XXI and Non-Title XIX funding.

Medication

Total Expense

As indicated, the Leff report predicted a need for \$134,581,375 to fund residential services, which includes both residential and housing services. ADHS through the Maricopa County RBHA has used \$112,468,636 of Title XIX and non-Title XIX funds to support housing and residential services in FY2003. This does not include funds available to class members through HUD Section 8 or other HUD funds paid directly to consumers or providers. Most of these funds are non-Title XIX since Medicaid does not pay for room and board in independent living and most residential settings. The comparison indicates an additional need of approximately \$22,000,000 in order to meet the Leff Report expectation. In Table 2, the Leff categories for residential services are described and compared to the current configuration of resources in Maricopa County. This includes the housing type, funding source, populations served and the number of units available. As indicated, the vast majority of our housing resources have been devoted to Independent Housing with Housing Subsidies.

⁽¹⁾ Unaudited financial projections for fiscal year.

Leff Report Category	Leff Report Description	Housing Type	Funding Source	Leff Prediction using Exit Stipulation Model	Units Available
Intensive Staff/Supervision	These programs focus on functional education to develop daily living skills. They are designed to provide a high level of staff involvement for those individuals requiring substantial skill training and support in a structure environment. These programs usually serve no more than 4 persons in a single location.	House and Apartment model	State/ComCare Trust and HB2003	206	402
Moderate Staff/Supervision	These programs are designed for individuals who require structure or verbal support to accomplish daily living skills, but do not require one to one attention to accomplish those tasks. These programs also include persons with substance abuse issues. The goal is to engage individuals in developing their own personal internal structure and control to live in the community. These programs usually serve no more than 4 persons in a single location.	Apartment model	HUD 811, HUD Section 202, ComCare Trust	738	160
Minimum Staff/Supervision	These programs serve individuals who are capable of handling non-crisis issues for a day or two until a scheduled staff visit. Staff visits include support and assistance, skills training, and consultation with individuals who are part of the resident's natural support network. These programs usually serve no more than 4 in a single location.	Apartment model	HUD 811, HUD Section 202, HB2003	775	189

Leff Report Category	Leff Report Description	Housing Type	Funding Source	Leff Prediction using Exit Stipulation Model	Units Available
Independent Living with Housing Subsidy	A setting where an individual can live either alone, with a relative, or friends in a home or apartment without ongoing supervision from mental health staff. There must be a sufficient array of stable, affordable housing, with subsidies to permit all individuals with SMI to live safely and permanently in the community.	Apartment model	HUD SHP, HUD S+C, HUD Mainstream, HUD 811, HUD Section 8/PHA/202, C.O.O.L, Community Builders, HB2003	2965	4208
Independent Living w/o Housing Subsidy	A setting where an individual can live either alone, with a relative, or friends in a home or apartment without ongoing supervision from mental health staff or subsidy	Own apartment or house		2894	11,853
Specialized Residential	These programs provide intensive support and/or skills training usually for no more than 4 residents with specialized service needs. Those served include: medically involved, geriatric, those with severe behavioral symptoms, and those with physical disabilities.	House and Apartment model	HUD 811, HUD 202 State/ComCare Trust and HB2003	323	39

4. Continue to explore and identify specialized programs and initiatives by 12/1/03.

ADHS and ValueOptions housing staff have identified and will continue to explore specialized housing programs and initiatives relating to the following specialized populations: ALTCS, individuals with sexually inappropriate behavior, individuals with co-occurring disorders, undocumented aliens and families. Several programs for these individuals have been developed in the past two years. These include: Tahitian Palms, Morten, and Morristown apartment complexes, and the COOL Program. Additional specialized programs will be developed as necessary.

5. Review ADHS housing types with key stakeholders by 1/1/04.

ADHS and ValueOptions have planned to present the details of this plan after review by the Monitor and Plaintiff's to a variety of community stakeholders. Additional information obtained from these presentations will be used to adjust the plan.

VIII. Examine Best Practices in Housing

1. Using the results of the CMHS Housing Study determine the environmental factors which are critical for housing location and successful outcomes by 1/1/04.

Currently, ADHS and the Arizona State University are examining the data from the Arizona study population to determine the environmental factors (neighborhoods, proximity of transportation, crime rate, employment rates, etc.) to determine the factors that were most likely to predict positive housing outcomes. The results of the study will be available by January 2004 and will be used to guide future housing acquisition.

2. Using the results of the CMHS Housing Study and available research, determine the types of housing programs that have proven to result in the best outcomes for individuals with a serious mental illness by 1/1/04.

The results of the CMHS housing study are currently being analyzed by Vanderbilt University. The findings are expected to be released within the year. These findings will assist in guiding future housing development activities. The preliminary results indicate that individuals who received either independent housing with supports or traditional residential housing experienced a significant reduction in hospitalization, emergency room visits and time in jail. The individuals in independent housing were generally more satisfied and the cost of independent housing was also lower. These results have been used to guide our HB 2003 initiative.

3. With the assistance of ADOH, examine a variety of national service linkages and management structures that could be employed to improve consumer outcomes by 1/1/04.

ADHS and the Maricopa County RBHA will be using the ADOH technical assistance function to develop additional service linkages and management structures.

Conclusion

The inclusion of housing in the Arizona array of publicly funded behavioral health services available to class members has increased the efficacy and outcomes the system achieves. While Title XIX supports the system's psychiatric services, housing services have to rely on a variety of resources for funding. As a result, ADHS and RBHA staff engage in a continuous search for resources to support housing services.

As the primary conduit for federal resources to create housing, HUD programs play a central role in the development and maintenance of the continuum of housing services available to class members. As the preponderance of these programs subsidize housing for class members, they fit well with the ADHS' and RBHA's philosophies, which emphasize supporting class members in their own homes. Consequently, ADHS and RBHA staff will continue to pursue HUD funding and will provide matching funds as necessary.

ADHS and the Maricopa County RBHA have experienced a great deal of success using funding provided by HB 2003 and plan on expanding this model to increase the amount of housing that is totally under state control. Because the state controls the housing, it bypasses Crime-Free Housing programs, and provides class members with criminal histories access to suitable housing. Furthermore, when persons decompensate or exhibit behavioral symptoms, housing staff do not have to notify property managers or landlords, which prevents evictions. Finally, state control of housing affords class members who live there a degree of stability otherwise unachievable, thereby facilitating their recovery.

The use of state funds to purchase houses and apartments for class members may also emerge as an extremely cost-effective approach to providing housing. Housing costs under the HB2003 program are \$311 per month per class member. This cost compares favorably with the average monthly rent on the Phoenix area of \$540 or the cost of inpatient services in the Arizona State Hospital or other community hospital.

Based on these preliminary results, the ADHS will adopt the purchase of permanent housing with state funds as the primary method of developing and expanding housing for class members. In adopting this strategy, both organizations recognize its' inherent limitations, as well as the need to continue to pursue all of the potential sources of housing resources described in this plan. However, a realistic weighing of the limitations of each of the funding sources described here in comparison with both the level of need and the urgency of the need for housing for class members makes this the most responsible course of action.

In addition to state funding, ADHS and RBHA staff will continue to explore opportunities to utilize the new covered service matrix to support housing opportunities for persons with serious mental illness. ADHS will also work with the Maricopa County RBHA to develop internal resources and knowledge in the area of housing. Finally, ADHS will aggressively pursue opportunities to develop housing options in collaboration with other units of state and local government.

Appendix A: References

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Appendix B: Definitions

AAF Annual Adjustment Factor

ABC Arizona Behavioral Health Corporation,

non-profit housing agency contracted by the RBHA to serve as grantee for HUD grants.

RBHA to serve as grantee for HUD grants.

ADHS Requirements Acts and forbearances pertaining to mental

health services funded in whole or in part by ADHS specified in the ADHS/BHS manual or under any provisional, interim, temporary

or final rules and regulations of ADHS.

Adult Residential 24-hour, to 16-hours of supervised

residential housing with services.

AHCCCS Arizona Health Care Cost Containment

System as defined in A.R.S. §36-2901, et.

<u>seq.</u>

AHCCCS Requirements Those acts and forbearances pertaining or

relating to mental health services funded in whole or in part by Title XIX, specified under the AHCCCS Mental Health Policy Manual or required under any provisional, interim, temporary or final rules and

regulations promulgated by AHCCCSA.

ADOC Arizona Department of Commerce--the

department of Arizona State Government that previously administered various funding programs for housing, including the Housing

Trust Fund

AMI Area Median Income

Arizona Department of Housing Newly created state housing department

formerly in the Arizona Department of Commerce, Office of Housing and Infrastructure Development. This is a standalone department devoted solely to housing

that opened October 2002.

ARLTA Arizona Residential Landlord/Tenant Act governs the rules and regulations regarding landlord and tenant activities as per Arizona revised statues Title 23, Chapter 10, Title 12, Chapter 8, Article 4. Arnold v. ADHS Provisions Those terms, provisions and conditions set forth in the Arnold v. ADHS lawsuit. A.R.S. The Arizona Revised Statutes, as amended. The period of time within a Contract Year Budget Term for which funds have been allocated to the Provider under this subcontract as indicated in Schedule I. Case Manager Any person designated by the RBHA as responsible for the provision of Case Management Services. Those services which shall include, but not Case Management Services be limited to, generally assessing the need locating, assessing, providing (if applicable), and monitoring the provision of covered services to participants to whom case management services are to be provided as required by the State. **CHAS** Comprehensive Housing Affordability Study CFR Code of Federal Regulations Clean Claim A claim that can be processed without obtaining additional information from the Provider or from a third party. Clean Claim does not include claims under investigation for fraud or abuse or claims under review for medical necessity. Contract between housing provider and Contract ValueOptions effective as of May 1, 1999 for the provision of housing programs.

Covered Services

Provider services that are listed in the

Covered Services Manual.

DBHS

The Division of Behavioral Health Services within ADHS

DV

Domestic Violence

Direct Member Expense

Rent subsidy, assistance with security, pet or utility deposits, vacancy and damage claim payments, and any other costs directly related to member housing costs that are approved by RBHA.

Disabled Individual

An adult who has a disability.

Disability

Disability as defined in section 223 of the Social Security Act; mental, or emotional impairment that is expected to be of longcontinued and indefinite duration: substantially impedes an individual's ability to live independently; is of such a nature that such ability could be improved by more housing conditions: suitable developmental disability as defined in of the Developmental section 102 Disabilities Assistance and Bill of Rights disease of Acquired Act: or the Immunodeficiency Syndrome (AIDS) or any conditions arising from the etiologic agency for Acquired Immunodeficiency Syndrome.

FHA

Fair Housing Act - Title VIII of the 1968 Civil Rights Act as amended.

FMR

Fair Market Rent established by HUD in accordance with 24 CFR 888, including utilities (except telephone), ranges and refrigerators, and all maintenance, management, and other services, that would be required to be paid in order to rent privately owned decent, safe and sanitary rental housing of a modest (non-luxury) nature with suitable amenities in the market area. FMRs for existing housing are published annually in the Federal Register.

FAMILY

Participant and one or more members of a household who would regularly live with the participant.

FSS
Grant Year
HAP
Homeless

HQS

Family self-sufficiency

The 12-month period following the opening of the project by HUD.

Housing Assistance Payments: The contract amount agreed upon between the housing provider and owner for subsidized rent payments.

The U.S. Department of Housing and Urban Development (HUD) considers a person homeless only when he/she resides in one of the places described below:

- a) in places not meant for human habitation, such as cars, parks, sidewalks, and abandoned buildings; or
- b) in an emergency shelter; or
- c) in transitional or supportive housing (for homeless persons who originally came from the streets or emergency shelter);
- d) in any of the above places but is spending a short time (up to 30 consecutive days) in a hospital or other institution; or
- e) is being evicted within a week from a private dwelling unit and no subsequent residence has been identified and the person lacks the resources and support networks needed to obtain housing; or
- f) being discharged within a week from an institution in which the person has been a resident for more than thirty consecutive days and no subsequent residence has been identified and he/she lacks the resources and support networks needed to obtain housing.

This term does not include any individual imprisoned or otherwise detained under an Act of Congress or a State Law.

Housing Quality Standards used by the federal government that relate to requirements as to the quality and condition of housing that are prerequisites to a housing subsidy for the unit.

Housing Administrator Non-profit organization contracted by the RBHA to administer housing grants and programs. Housing Referral A referral to ValueOptions for the provision of covered services to an eligible member. The Housing Referral will constitute the agreement of the provider to provide covered services as set forth herein. Housing Referrals will be in such form and format and by such means as determined by ValueOptions. HUD US Department of Housing and Urban Development (HUD) is the department of the federal government that provides funding for housing and support programs. **Independent Living** A living situation in which a person requires no supports to maintain their housing. **ILS** Independent Living Skills, a support service provided by one or more agencies that are subcontracted by ValueOptions. **ISP** Individual Service Plan prepared for an adult by a designated clinical team or case manager for a member. With respect to any breach by the provider. Material Breach a breach (including a breach that is of an inadvertent, technical or isolated nature and that is not capable of correction or that is capable of correction but in fact is not corrected) that is or represents impediment to any service to be provided to members hereunder or a threat with intrinsic economic or other consequences to HUD, ADHS, RBHA, ValueOptions, the provider or any member. Management Fees The contracted rate at which the Provider will be paid for direct service and administrative costs, including: salaries.

fringe benefits, professional and outside consultants, occupancy, overhead and other

contractor operational costs.

Non-Provider Affiliated A person who is not an officer, employee or agent of the provider and is not a director of the provider. **Operating Costs** Expenses incurred by a recipient operating supportive housing with respect administration (including staff salaries), maintenance, repair and security for the supportive housing; utilities, insurance, fuel, equipment furnishings, and supportive housing; conducting an on-going assessment of the supportive services needed by residents and the availability of such services; the cost of repairs for damages to the property caused by the participant, but not to exceed one month's rent: and other costs associated with operating the supportive housing. **Operations Manual** This manual of policies and procedures regarding the operation of the ValueOptions housing programs. **Outpatient Services** Outpatient mental health services, outpatient substance abuse services, and case management. An eligible person who has been selected to **Participant** participate; a person determined eligible by ValueOptions policy to receive covered services from the provider paid for in whole from funds available to the provider under this subcontract PBA Project-Based Assistance **Permanent Housing** Community-based housing available to

homeless persons with disabilities and provides long-term housing available to

services.

PHA Public Housing Authority

Program

Refers to the specific program(s) that an applicant/participant has applied for or the specific housing program that the applicant/participant is a participant of. The manual covers all of these.

Project-based Rental Assistance

Project-based rental assistance provides grants for rental assistance to the owner of an existing structure, where the owner agrees to lease the subsidized units to participants. Participants do not retain rental assistance in the event they move.

PS

Payment Standard

QHWRA

Quality Housing Work Responsibility

Action

RBHA

Regional Behavioral Health Authority

Rehabilitation

The improvement or repair of an existing structure or an addition to an existing structure that does not increase the floor area by more than 100 percent. Rehabilitation does not include minor or routine repairs.

RLA

Request for Lease Approval

Seriously Mentally III (SMI)

Those adult persons whose emotional or behavioral functioning is so impaired as to interfere with their capacity to remain in the community without supportive treatment. The mental impairment is severe and persistent and may result in a limitation of the individual's functional capacities for primary activities of daily life. Such individuals shall meet the criteria as established by ADHS/BHS within the "Check List for Seriously Mentally III Determination"

Service Provider

A person or organization licensed or otherwise qualified to provide supportive services, either for profit or not for profit.

Shall

What is mandatory

Sponsor-based Rental Assistance

Sponsor-based rental assistance provides a subsidy for rental assistance through contracts between the grantee and contracted sponsor organization. A sponsor may be a private nonprofit organization or a community mental health agency established

as a public nonprofit organization. Participants reside in housing owned or leased by the sponsor.

SRO

Stargate Project (Stargate)

Single Room Occupancy

A community partnership of Maricopa County non-profit human service agencies and government organizations addressing the needs of the chronic homeless. coalition was developed in 1995 in an effort to provide comprehensive services through a McKinney U.S. Department of Housing and Urban Development (HUD) grant. partnership seeks to fill gaps in the community's response to homelessness and develop plans for housing. The goals of Stargate are to establish and provide a continuum of services to applicants which will increase applicant independence, reduce applicant isolation, improve the medical condition of applicants, increase the skill level of members, and stabilize members' housing. Providers will use mainstream services such as income supports, mental health services. and substance abuse treatment and community programs.

State

Supportive Housing

The State of Arizona

Housing in conjunction with which supportive services are provided homeless persons if the housing is safe and sanitary and meets any applicable State and local housing codes and licensing requirements in the jurisdiction in which the housing is located and the requirements of this part; and the housing is Transitional housing; Permanent housing for homeless persons with disabilities; or is a part of, a innovative project for, particularly alternative method of, meeting immediate and long-term needs of homeless persons.

Supportive Services

Services designed to address the special needs of the homeless persons to be served by the project. Supportive services may

include, but are not limited to establishing and operating an employment assistance program; providing outpatient health services, food and case management; providing assistance in obtaining permanent counseling housing, employment nutritional counseling; providing security arrangements necessary for the protection of residents of supportive housing and for homeless persons using the housing or services. Providing assistance in obtaining other Federal, State and Local assistance available for such residents including mental health benefits, employment counseling, Veterans' benefits, medical assistance, but not including major medical equipment and income support assistance. such Supplemental Security Income benefits, Aid to Families with Dependent Children, General Assistance and Food Stamps; providing assistance to obtain permanent housing, housing subsidies and other entitlements such as income support, food and medical assistance. Other services as appropriate.

The eligible member to whom housing services are provided by the provider under this agreement.

A scattered-site program in which the tenant holds the lease and is directly responsible to the owner of the property. The housing provider has a written housing assistance payments contract with the owner. This program is comparable to the HUD Section 8 Existing Housing Certificate Program, but with modifications to meet the needs of persons who are Seriously Mentally Ill.

- 1) Lease held by Participant with Landlord/Owner
- 2) Lease held with Landlord /Owner by Housing Provider.

Tenant-based rental assistance provides subsidy for rental assistance at scattered sites, which permits participants to choose

Tenant

Tenant-Based Housing

Tenant-Based Unit

Tenant-based Rental Assistance

housing of an appropriate size in which to reside. Participants retain the rental assistance in the event they move. In order to address individual participant needs, two categories have been designed under this model:

- Lease held by Participant: under this category the participant secures the lease in his/her name and has the primary contact with landlord for all issues as the lessee.
- 2. Lease held by Housing Provider: under this category the participant chooses a place to reside, and for clinical, legal or credit history reasons the landlord requires someone other than the participant to sign the lease. In this case the Service Provider holds the lease in the agency's name for the participant to reside. The Service Provider has the primary contact with the landlord for all issues as the lessee.

Total Participant Payment--amounts the provider shall charge or allow to be charged from the Tenant or occupant for housing-related costs, such as: share of rent, repayments of loans, repayment of other expenses incurred on behalf of the Tenant or occupant, utility charges including telephone costs, security deposits, and vacancy and damage charges.

Housing services that facilitate the movement of homeless individuals and families to permanent housing. A homeless individual may stay in transitional housing for a period not to exceed 24 months.

A list maintained by either ValueOptions or ABC listing in date of application order the applicants waiting to be housed.

Shelter Plus Care Program Supportive Housing Program

TPP

Transitional Housing

Wait List

24 CFR Part 582 – 24 CFR Part 583 –

Appendix C: SPAH PLAN

Goal 1: Lay the groundwork for systems change through planning, development, implementation and evaluation.

	Objective(s)	Strategy/Act	ion	Expected Outcomes		Benchmarks	
1.1	Gain buy-in of local communities for planning and activities that focus on improving access to mainstream resources for persons who are chronically homeless.	 1.1.1 Solicit input the continuums of other local plar groups. 1.1.2 Establish a fee mechanism be communities, p groups and ele officials. 	care and nning 1.1.2 dback tween the planning ected	participation and ownership of this plan.	1.1.2	A forum for input established by each of the three continuums. Communication between planning groups, such as CoCs, SPAH, and local communities.	
1.2	Collect comprehensive data and information to guide decision-making that impacts services to those who are chronically homeless.	1.2.1 Assess mainst service system 1.2.2 Identify laws/re that negatively provision of maservices. 1.2.3 Develop a pilot produce cost d 1.2.4 Establish an in best practices.	egulations impact the ainstream to project to ata. 1.2.3	regulatory impacts, barriers and needed changes.	1.2.1 1.2.2 1.2.3 1.2.4	Identification of mainstream services and utilization rates. Create proposal of recommended changes to laws/regulations that pose barriers. Cost/benefit data completed. Evaluation of potential models and strategies completed.	
1.3	Develop long-term data sources to capture information on persons who are chronically homeless.	1.3.1 Implement HM 1.3.2 Develop an eventool. 1.3.3 Identify and concepted data so	aluation 1.3.2	More comprehensive data. A means to measure effectiveness of programs.	1.3.1 1.3.2 1.3.3	Summary of data on population served. Baseline evaluation data on programs. Create an inventory of related service data.	

	Objective(s)		Strategy/Action	Expected Outcomes		Benchmarks	
					services.		
1.4	Maximize the use of funding/resources to expand or enhance services to those who are chronically homeless.	1.4.1 1.4.2	Identify untapped federal fund sources. Identify creative opportunities around funding of categorical programs including state set-asides and braided funding. Assist agencies in	1.4.1 1.4.2 1.4.3	Plans made to tap unused federal fund sources. Opportunities seized that maximize categorical funding. Expansion or enhancement of services with federal or private	1.4.1 1.4.2 1.4.3	Review and summary of federal funds usage by state department. Summary of information on categorical programs and state set-asides and braided funding. Prospect list compiled.
			applying for new federal and private grant monies.		monies.		
1.5	Enhance education and advocacy opportunities on issues impacting those who	1.5.1	Educate system leaders and elected officials on benefits of service	1.5.1	Better coordination and improved access to mainstream resources.	1.5.1	Track included in ACEH conference.
	are chronically homeless.		integration for people who are chronically homeless.	<u>1.5.2</u>	Increase in linkages with mainstream service providers.	<u>1.5.2</u>	Relationships established with Federal VA and US Vets centers.
		1.5.2	Conduct trainings for field staff frontline staff, etc., geared to improving access to mainstream	1.5.3	Obtain leadership buy-in from state agency stakeholders and mainstream service	1.5.3 1.5.4	Create advisory groups with membership that supplements SPAH. Executive Order
		<u>1.5.3</u>	services. State Dept of Veterans Services liaison with	<u>1.5.4</u>	providers. SPAH becomes an interagency coordinating		delineating responsibility and authority of SPAH signed by the Governor.
			Federal VA and US Vets centers to determine potential linkages with other mainstream programs.	<u>1.5.5</u>	Council (ICC) with authority to take action to fight homelessness. Provide a forum for high-level visibility discussion	1.5.5	JĽCH extended.
		<u>1.5.4</u>	Elevate visibility of State Planning to Address Homelessness (SPAH).		on issues impacting persons who are chronically homeless.		
		<u>1.5.5</u>	Revive the Joint Legislative Committee on		sooa.ly nomelose.		

	Objective(s)	Strategy/Action	Expected Outcomes	Benchmarks
		Homelessness (JLCH) to champion the issue.		
<u>1.6</u>	Increase consumer involvement in efforts to promote systems change.	1.6.1 Promote consumer involvement on all levels; including invitations to meetings, surveys, etc.	1.6.1 Consumer input and buyin and systems that are responsive to consumers.	1.6.1 Consumer input received at meetings and development of a Speakers Bureau.
1.7	Develop a housing strategy to improve access to housing for those who are chronically homeless.	1.7.1 Evaluate current housing stock. 1.7.2 Increase existing rental subsidy stock for persons who are chronically homeless. 1.7.3 Identify funding sources for ongoing project-based assistance. 1.7.4 Implement HMIS and use data to design programs and projects that facilitate housing options. 1.7.5 Ensure people who are chronically homeless are a priority in the point system for low-income housing tax credit. 1.7.6 Maximize access to benefits to provide rent	1.7.1 Information on current stock and condition of existing structures. 1.7.2 Increase in housing options. 1.7.3 Increase in funding for project-based assistance. 1.7.4 Programs and projects that facilitate housing are tailored to needs of persons who are chronically homeless. 1.7.5 Projects that facilitate access to housing for persons who are chronically homeless receive preference. 1.7.6 Increase in persons obtaining housing. 1.7.7 Increase in Housing	1.7.1 Inventory developed. 1.7.2 Exploration of creative ways to develop rental subsidies 1.7.3 Development of a proposal to utilize fund sources. 1.7.4 Statewide database developed to place people in housing. 1.7.5 Project preference implemented. 1.7.6 Coordinate access to benefits.
		money. 1.7.7 Address NIMBY issues affecting housing. 1.7.8 Develop a new Housing First project.	Options. 1.7.8 Increase in housing options through Housing First project.	changes to overcome issues. 1.7.8 Housing First new project funded.
<u>1.8</u>	Provide technical assistance for agencies	1.8.1 Identify opportunities to provide technical assistance,	1.8.1 Statewide agencies take a broader role in facilitating and	1.8.1 Summary of technical assistance needs.

Objective(s)	Strategy/Action	Expected Outcomes	Benchmarks
interested in expanding or	such as for expanding or	providing technical assistance to	
enhancing services to	enhancing housing options.	nonprofits.	
persons who are chronically			
homeless.			

Goal 2: Integration and coordination to improve access to mainstream resources for people experiencing chronic homelessness.

	Objective(s)		Strategy/Action	Expected Outcomes		Benchmarks	
2.1	Reduce and remove barriers to mainstream services and programs.	2.1.2 2.1.3	Identify most appropriate strategies or service teams approach for Arizona, such as integrated service teams, one-stop shop, Arizona's No Wrong Door and individual service plans that promote client engagement.	2.1.1 2.1.2	Client-focused systems change that improves access to resources. Decrease in administrative costs for mainstream service providers and an increase in customer service through decreased reporting requirements for clients and other service providers.	2.1.1 2.1.2 2.1.3	Implementation of appropriate strategies. Identify opportunities to blend/braid funding and establish universal application processes across service systems. Day Resource Center established in Maricopa County.
2.2	Expand outreach efforts to better link persons who are chronically homeless to mainstream services.	2.2.1 2.2.2 2.2.3	Coordinate outreach teams. Establish more outreach teams statewide. Expand capability of outreach teams through interdisciplinary teams.	2.2.1	Improved coordination, supported by HMIS and a decrease in duplication of services and an increase in activities that lend to a client-centered delivery system. Increase in the number	2.2.1 2.2.2 2.2.3	Infrastructure created that coordinates activities of outreach teams. Relationships established with chronically homeless persons. Coordinated assessment of clients needs

Objective(s)	Strategy/Action	Expected Outcomes	Benchmarks
		of chronically homeless persons accessing mainstream services. 2.2.3 Expedited identification of individual client's service needs.	
2.3 Maximize participation in mainstream services and programs.	2.3.1 Improve process for SSI determination for persons who are homeless or are at risk of homelessness. 2.3.2 Improve process for obtaining medical benefits for persons who are homeless or are at risk of homelessness. 2.3.3 Improve process for food stamps and other cash assistance for persons who are homeless or are at risk of	2.3.1 Expedited access to Federal SSI benefits. 2.3.2 Expedited access to medical benefits. 2.3.3 Expedited access to food stamps and other cash assistance.	2.3.1 Relationships established and meetings held with SSI benefits representatives. 2.3.2 Relationships established and meetings held with AHCCCS. 2.3.3 Relationships established and meetings held with ADES/FAA.

Goal 3: Prevent homelessness through comprehensive discharge planning

GUA	Goal 3: Prevent homelessness through comprehensive discharge planning							
	Objective(s)		Strategies/Actions	Expected Outcomes		Benchmarks		
<u>3.1</u>	Implement systems change	<u>3.1.1</u>	Develop consumer	<u>3.1.1</u>	Decrease in persons	<u>3.1.1</u>	Discharge planning	
	with stakeholders		focused discharge		released homeless from		policies implemented.	
	involvement.		policies across various		institutions.	3.1.2	Policies and practices	
			systems	3.1.2	Continuous medical		implemented that support	
			(hospitals/jails/prisons/m		coverage for eligible		suspension versus	
			ental institutions and		persons.		termination of medical	
			foster care system).	3.1.3	Decrease in persons		coverage.	
		3.1.2	Change Medicaid status		released to	<u>3.1.3</u>	Shelters provide listing or	
			from termination to		homelessness from		information on other	
			suspension when being		shelters.		shelter/housing options for	
			returned to an institution	<u>3.1.4</u>	Forum to receive		persons leaving their	
			(i.e. jails/prison/state		information on discharge		shelter.	
			hospital and other		planning policies.	3.1.4	Advisory Commission	
			managed care).	<u>3.1.5</u>	Persons in institutions		established.	
		<u>3.1.3</u>	Encourage discharge		linked to mainstream	<u>3.1.5</u>	Presumptive eligibility	
			planning from shelters to		resources prior to		polices and processes	
			housing		release.		established by	
		<u>3.1.4</u>	Develop statewide				stakeholders and a pilot	
			advisory commission				project established with	
			around discharge				ADOC and the Arizona	
			planning policies.				State Hospital.	
		<u>3.1.5</u>	Develop and implement					
			presumptive eligibility					
			processes.					
<u>3.2</u>	Develop and	3.2.1	Educate institutions on	3.2.1	Institutional buy-in on	3.2.1	Draft policies crafted.	
	enhance education and		needs to develop a		need for discharge	3.2.2	Compile information on	
	advocacy opportunities.		discharge planning		planning policies.		models and exemplary	
			policy.	3.2.2	Increased awareness of		practices.	
		3.2.2	Promote exemplary		models and exemplary	3.2.3	Create proposal of	
			practices for discharge		practices on need for		recommended changes to	
			planning utilized by other		discharge planning		laws/regulations and	
			communities.		policies and practices.		practices that pose	
		3.2.3	Identify laws/regulations	3.2.3	Identification of		barriers.	
			and practices that create		legal/regulatory and			

Objective(s)	Strategies/Actions	Expected Outcomes	Benchmarks
	barriers to discharge planning, such as crime free housing practices.	policy/practice impacts and needed changes.	
3.3 Increase consumer involvement.	3.3.1 Engage consumers to assist in creating or reviewing plans to prevent homelessness through discharge planning.	3.3.1 Consumer driven discharge-planning practices.	3.3.1 Consumers participate in meeting/s, surveys or other creative strategies to provide input on discharge planning.
3.4 Develop tools to assist persons being discharged from institutions/care who are at risk of homelessness.	3.4.1 Create an ex-offenders resource guide. 3.4.2 Ensure youth aging out of foster care have access to resources provided through Foster	3.4.1 Increase in linkage with available resources. 3.4.2 Increase in youth's awareness of options for services, education and housing.	3.4.1 Resource guide created and distributed. 3.4.2 Meet with DES/ACYF and determine what information is provided to youth upon aging out of foster care.
	Chaffee Care Act. 3.4.3 Increase number of respite beds and youth group homes available in the community.	3.4.3 Decrease of persons discharged to homelessness.	3.4.3 Establishment of additional youth group homes and respite beds.
3.5 Collect data and information.	3.5.1 Identify stakeholders and impacted institutions. 3.5.2 Identify percentage of population being released to	being released to homelessness. 3.5.2 Data for decision-making that supports need for	3.5.1 Adoption of comprehensive discharge planning policies. 3.5.2 Compilation of baseline data on population.
	homelessness from institutions (Shelter/hospitals/jails/pr sons/mental health	discharge planning. 3.5.3 Data for decision-making that supports need for discharge planning.	3.5.3 Compilation of baseline data on costs and benefits of discharge planning. 3.5.4 Tool developed to

Objective(s)	Strategies/Actions	Expected Outcomes	Benchmarks	
	institutions and foster care systems). 3.5.3 Conduct cost/benefit	3.5.4 Implementation of successful discharge planning strategies.	measure success of discharge planning efforts. 3.5.5 Pilot project in an	
	analysis.	3.5.5 Determine those at risk	institution to produce	
	3.5.4 Measure outcomes of discharge planning efforts.	of homelessness.	utilization data.	
	3.5.5 Use HMIS to produce data on homeless recidivism and utilization of mainstream programs and services.			

Goal 4: Develop a Housing First approach for people experiencing chronic homelessness.

				Benchmarks
Objective(s)	Strategies/Action(s) Expected Outcomes		
4.1 Develop a new Housing First project focusing on persons who are chronically homeless.	4.1.1 Apply for grant fur support a new pro	· · · · · · · · · · · · · · · · · · ·	4.1.1	Grant application/s submitted to Federal sponsors by 4/24/03.
4.2 Establish additional Housing First project/s.	4.2.1 Identify funding opportunities. 4.2.2 Target HUD Conting of Care bonus protested to Housing First page 14.2.3 Target State House Fund and state spansies for Housing project/s. 4.2.4 Leverage new monoprovide services.	roject/s rojects. sing pecial ng First chronically homeless. Same as <u>4.2.1</u> . Same as <u>4.2.1</u> Better coordination and integration.	4.2.2 4.2.3 4.2.4	Prospect list developed. Submit Housing First bonus projects to HUD. Funding targeted for Housing First project/s. Collaboration through braided or blended funding.
4.3 Promote the Housing First concept throughout Arizona.	4.3.1 Develop a marketi strategy.	ing 4.3.1 Increase in acceptance of Housing First model.	4.3.1	Outline of strategy developed.

			Benchmarks
Objective(s)	Strategies/Action(s)	Expected Outcomes	
	4.3.2 Publicize concept through Continuums of Care and other local planning venues. 4.3.3 Publicize existing successes. 4.3.4 Educate stakeholders by bringing in outside experts. 4.3.5 Gain buy-in for a Housing First model at the state level from mainstream service providers.	4.3.2 Same as 4.3.1 4.3.3 Understanding of successful Housing First models. 4.3.4 Same as 4.3.1. 4.3.5 Same as 4.3.1.	4.3.2 Information on concept shared at Continuum of Care meetings and in local planning meetings. 4.3.3 Information shared on exemplary practices in AZ. 4.3.4 Experts present at conference or meeting. 4.3.5 Discussion of concept at SPAH.
4.4 Ensure consumer involvement in project development.	4.4.1 Involve consumers in design and implementation of housing first projects.	4.4.1 Project/s meet the needs of consumers to be served	4.4.1 Consumer representative in attendance at meetings.

Appendix D: FY 2005 Preliminary Critical Issue Arnold v. Sarn

Department of Health Services

I. FY 2005 Critical Issue Budget Justification

PROGRAM/SUBPROGRAM: Division of Behavioral Health Services

ISSUE TITLE: *Arnold v. Sarn* – Supportive Housing

DESCRIPTION OF PROBLEM OR ISSUE:

In March 1981, a class action lawsuit (<u>Arnold v. Sarn</u>) was filed by the Arizona Center for Law in the Public Interest on behalf of a class of mentally ill adults alleging a breach of duty by Arizona Department of Health Services (ADHS), the Arizona State Hospital, and Maricopa County Board of Supervisors. In August 1986, the Maricopa County Superior Court Found the state had violated its statutory duty and, in 1989, the judgment was upheld in the Arizona Supreme Court. The state and county were ordered to establish a comprehensive system of community-based mental health care. The parties entered into a Stipulation on Exit Criteria and Disengagement (Exit Stipulation) in February 1996, and a Supplement Agreement was entered into in December 1998.

The <u>Arnold v. Sarn</u> lawsuit remains a continued priority for the Department. While significant efforts have been made to satisfy the requirements of the negotiated Exit Stipulations for this lawsuit, additional funds are necessary in order to develop needed services to meet the term of the lawsuit. The Final exit from this case and the eventual elimination of court oversight is contingent upon fulfilling the obligations set forth in the Exit Stipulation.

ADHS commissioned a study by the outside consulting firm, Human Services Research Institute (HSRI), to identify the level, intensity, amount, and cost of additional services needed to meet the requirements of the Exit Stipulation. The report released by HSRI in July 1999, entitled Arizona Services Capacity Planning Project (*The Leff Report*), estimated that it would require annual funding of \$316,988,474 to provide a comprehensive, full capacity mental health system for Maricopa County alone. Of this amount \$293,507,846 is required for services and medications. The balance of the required funding is for administrative cost.

One of the services in *The Leff Report* and essential for success in all programs is safe and affordable housing since individuals with a serious mental illness constitute a significant portion of the homeless population in Arizona. Nationally, this group represents 19-25 percent of the homeless population.

Individuals with serious mental illness have a history of repeated high incidence of homelessness and have the highest degree of vulnerability of any homeless population group. In addition, a significant number of individuals with serious mental illness live in inadequate and unsupported settings that exacerbate their mental health conditions. Many individuals spend a great deal of time in jail settings for violating trespassing or panhandling ordinances.

- Serious mental illness is in many cases a lifelong medical condition, where many member of this group are unable to maintain employment to achieve self—sufficiency and are in need of permanent supportive housing for long portions of their lives.
- Residential stability in independent living situations is a key factor in reducing and/or eliminating homelessness for this population and in achieving long-term control over their mental illness.

In recognition of the importance of stable housing for homeless individuals with a serious mental illness, the Department's Division of Behavioral Health has aggressively sought federal Housing and Urban Development (HUD) Homeless Assistance funding. This effort has resulted in successfully obtaining over 1,300 units of permanent supportive housing and effectively removing over 1,300 homeless people from the streets and shelters of Arizona. The Department has partnered with the Governor's Office of Housing and the Regional Behavioral Health Authorities to be the single most active and successful group in obtaining HUD funding for the homeless. However, the homeless population, including those with a serious mental illness, continues to increase.

The growth in the seriously mentally ill population has increasing numbers of individuals who qualify for Title XIX as a result of Proposition 204, a voter initiative that expanded the definition of an eligible person for the Arizona Health Care Cost Containment System to include any person with an income level up to 100% of the Federal Poverty Level. This growth in Title XIX eligible clients, however, has not helped to address the funding needs for housing since housing is not a service covered under Title XIX.

While the Department did receive a one-time \$50 million appropriation from Tobacco Settlement monies (Laws 2000, 5th Special Session, Chapter 2-H.B. 2003) to provide community housing, vocational rehabilitation and other recovery support services to persons with serious mental illness, this funding will not achieve all of the housing needs for the seriously mentally ill.

PROPOSED SOLUTION TO THE PROBLEM OR ISSUE:

The Department proposes to continue the incremental funding of programs and services to satisfy the requirements of the Exit Stipulation(s) of the <u>Arnold v. Sarn</u> Lawsuit. The Department's Division of Behavioral Health Services has begun to develop the full array of services for individuals with a serious mental illness as defined in the Exit Stipulation and to fund and develop services in accordance with the Strategic Plan priorities as required in the Supplemental Agreement to the Exit Stipulation.

Because current funding falls short of covering housing assistance needs, the Department had requested additional funding of \$20, 188,100 in FY 2004. Since this funding was not obtained the issues mentioned in this report have continued. The cost of the rental assistance and supportive housing for one year for Title XIX/XXI eligible individuals is approximately \$10, 474. For non-Title XIX/XXI individuals the cost is \$13,497. The requested \$40,376,200 will provide one year of housing and supportive services to 3,456 individuals. Of this group, 2,074 will be Title XIX/XXI eligible and 1,382 will be Non-Title XIX/XXI eligible. Included in the \$40,376,200 is \$31,536,000 for Rental Costs, \$4,662,600 for Housing Administrative and

Operating Costs, and \$4,177,600 for Community Living Support. (See attached Schedule.) By comparison, the annual cost for a resident of the Arizona State Hospital is nearly \$78,000. Other cost savings from providing supportive housing include reduced inpatient hospitalizations, fewer emergency room visits, and decreased incarcerations.

The requested \$40,376,200 in FY 2005 is the first and second year cost of three—year proposal. The entire three-year proposal would increase total funding by \$60,564,300 to meet *The Leff Report* annual service and medication funding requirements of \$293,507,846 from projection FY2003 expenditures of \$232,943,499.

Recommended Funding Source and Rationale Why:

The General Fund has been a traditional source of funding for state mandated programs.

Potential Other Funding Sources and Rationale Why or Why Not:

An alternative source would be the Tobacco Tax revenues. However, there may be insufficient revenues to meet existing statutory requirements.

ALTERNATIVES CONSIDERED AND REASONS FOR REJECTION:

There are no other alternatives available. No other potential sources of funding exist. Medicaid funding does not cover the cost of housing or rental assistance.

IMPACT OF NOT FUNDING:

Individuals with serious mental illness will remain homeless in Maricopa County and other individuals will be living in inadequate and/or unsafe housing. In addition, the expectation of the Exit Stipulation of the <u>Arnold v. Sarn</u> lawsuit will be extremely difficult to achieve without additional funding.

HOW THIS FURTHERS THE AGENCT MISSION OR GOALS:

The General fund support for the housing will help the Department accomplish the following goal, strategy and objective listed in its FY 2003-FY 2007 Strategic Plan:

- Goal: To ensure a comprehensive, unified behavioral health system for Arizonans.
- Strategy: Assurance that the behavioral health system provides accessible care to clients.
- Objective: Expand and enhance the statewide network of providers

PERFORMANCE MEASURES TO QUANTIFY THE SUCCESS OF THE SOLUTION:

ADHS tracks the number of individuals who are homeless in the CEDAR Data System. Implementing this program will reduce the number of individuals who are seriously mentally ill and homeless.

STATUTORY REFERENCE:

A.R.S. 36, Chapter 5 and the <u>Arnold v. Sarn</u> Exit Stipulation

EQUIPMENT TO BE PURHASED IF APPLICABLE:

Not Applicable

CLASSIFICATION OF NEW POSITIONS:

Not Applicable

ANNUALIZATION (S):

Not Applicable

Community Living Housing Expansion of Capacity Proposed Rental Housing Usage

Target population: Adult Consumers with a serious mental illness

Number Served: 3,456

Rental Subsidy: Apartment costs \$550 per month x $3,456 = $1,900,800 \times 12 \text{ months } $22,809,60$

(using Fair Market Rents at \$550 per unit, from the 2001 Housing and Urban

Development)

Indirect Member housing costs (Based on historical information from the

Maricopa County RBHA)

Member start-up costs (\$225 each x 3,456)

\$ 777,600

Initial furniture costs (approximately \$1,200 each x 3,456)

4,147,200

Yearly damages to unit (\$1,000 x 3,456)

3,456,000

Utilities, security deposits, etc. (\$100 x 3,456)

345,600

Subtotal – Indirect Costs \$8,726,400

Total – Rental Costs \$31,536,000

Housing Provider: Landlord tenant relationships, lease requirements, maintaining and

cleaning of units, rules of the Complex, application into the Section 8 Programs, inspection of units, rental payments by Housing Administrator

includes Sponsor-Based and Tenant-Based Housing

Housing Provider Administrative costs \$75 per month x 3,456 - \$259,200 x 12 months = \$3,110,400 Housing Administration costs of approximately \$37.43 per month x 3,456 - \$129,358 x 12 months = 1,552,200

<u>Total – Housing Administrative and Operating Costs</u> \$ 4,662,600

Grand Total – Rental Subsidy \$36,198,600

Community Supports: Community Living Supports provided by contracted service providers include:

Independent and daily living skills, counseling, transportation, etc.:

<u>Total – Community Living Supports</u> (1,382 x \$3,023)² \$ 4,177,600

Grand Total – Rental Subsidy and Community Supports \$40,376,200

¹Rental Subsidy costs per person: \$10,474 (\$36,198,600 divided by 3,456).

²Only 1,382 consumers will receive Community Supports. Rental Subsidy at \$10,474 per person with

Community Living Supports costs at \$3,023 per person: total costs per person: \$13,497

Appendix E: Community Housing's Expansion of Capacity List **PROPOSED NON Title XIX USUAGE (ComCare Trust) Fiscal Year 2004**

			ai i cai 2004	
Project	Targeted	Anticipated	Total	Housing Administrative and Operational
	Population	Start Up	Acquisition	Costs
		date	Cost	
Purchase four (4) homes -	Sixteen (16) Arizona	June 2003	\$800,000	Housing administration and operating cost
\$200,000 each. *	State Hospital			
				Covered by Covered Services (S) code
(*Purchase price includes	Four in each home			
rehab and furnishing)				
Purchase Eight (8) homes -	Thirty-two (32)	June 2003	\$1,600,000	Housing administration and operating cost
\$200,000 each. *	Adult Residential			
				Covered by Covered Services (S) code
(*Purchase price includes	Four in each home			
rehab and furnishing)				
Purchase Eight (8) homes -	Thirty-two (32)	June 2003	\$1,600,000	Housing administration and operating cost
\$200,000 each. *	Inpatient Consumers			
				Covered by Covered Services (S) code
(Purchase price includes	Four in each home			
rehab and furnishing)				
Purchase three small	Residential, State	June 2003	\$1,367,600	Housing administration and operating cost
apartment complexes.	Hospital, Inpatient			
	and/or co-occurring			Covered by Covered Services (S) code
Purchase price includes	consumers			
rehab and furnishing)				
	1-2 in each unit	1.6 2002		
Arizona Dept. of Housing	AZ Housing's	May 2003		Provide Administrative Program oversight -
W 0.0D	administrative cost		<u> </u>	total funds \$32,400 *
# Of Properties	Number of units	_	Housing Costs	*Housing Administrative Costs Paid in full

Twenty (20)

Number of units

1 Housing Costs

Standard Housing Administrative Costs Paid in \$5,367,600 \$32,400

II. <u>Total Community Housing</u> = \$5,400,000

Appendix F

Interagency Service Agreement Between Arizona Department of Housing and Arizona Department of Health Services

INTERAGENCY SERVICE AGREEMENT

Between ARIZONA DEPARTMENT OF HOUSING and ARIZONA DEPARTMENT OF HEALTH SERVICES

Contract # H530-03

THIS INTERAGENCY SERVICE AGREEMENT is entered into pursuant to Arizona Revised Statutes § 11-952 by and between the Arizona Department of Housing (hereinafter called "Housing"), and the Arizona Department of Health Services (hereinafter called "ADHS").

WHEREAS ADHS desires that Housing perform certain services as described in the scope of work attached hereto as Exhibit A and incorporated herein, and the Agency desires to perform such services upon and subject to the terms and conditions hereinafter set forth.

NOW, THEREFORE, the parties agree as follows:

ARTICLE I. **SCOPE OF WORK.** Housing shall use reasonable efforts to perform the services specified in Exhibit A attached hereto.

ARTICLE II. **ASSIGNED STAFF.** The Agency shall provide skilled staff for the tasks as indicated in Exhibit A.

ARTICLE III. PERIOD OF PERFORMANCE. This Agreement shall begin on March 1, 2003 and shall terminate on February 28, 2004. This Agreement may be modified or extended at any time by mutual written consent of both parties.

ARTICLE IV. SPECIAL PROVISIONS.

- 1. **Reimbursement.** ADHS will reimburse Housing through a transfer of \$32,400.00 in one lump sum as the total amount paid to housing to perform the responsibilities identified in this Agreement. ADHS has approximated that under this contract they expect to fund eight (8) single-family units and one (1) small multi-family complex, though the number of units may vary slightly from this estimate. \$32,400.00 constitutes the entire amount transferred under this Agreement unless housing development projects in excess of eleven (11) units are identified or the unit mix otherwise deviates significantly from expected units described above, at which time ADHS and Housing agree to renegotiate additional reimbursement to Housing for additional services. Housing will keep an accounting of project-related reimbursements for these fees. When this ISA ends or is terminated, Housing shall return any unspent funds to ADHS.
- 2. **Notices.** Notices made by either party to the other party under this Agreement shall be addressed as follows:

If to Housing:

Special Needs Housing Programs Manager Arizona Department of Housing 3800 North Central Avenue, Suite 1200 Phoenix, AZ 85012 After March 7, 2003: 1700 West Washington Avenue, Suite 120 Phoenix, AZ 85007

If to ADHS:

DBHS Assistant Director Arizona Department of Health Services 2122 East Highland Avenue, Suite 100 Phoenix, AZ 85016

ARTICLE V. GENERAL PROVISIONS.

- Entire Agreement. This Agreement embodies the entire understanding of the parties and supersedes any other agreement or understanding between the parties relating to the subject matter. The parties agree that should any part of this Agreement be held to be invalid or void, the remainder of the Agreement shall remain in full force and effect and shall be binding upon the parties.
- 2. Waivers. No waiver, amendment or modification of this Agreement shall be valid or binding unless written and signed by the parties. Waiver by either party of any breach or default of any clause of this Agreement by the other party shall not operate as a waiver of any previous or future default or breach of the same or different clause of this Agreement.
- 3. **Assignment.** Neither party may assign any rights hereunder without the express, written, prior consent of both parties.
- 4. **Governing Law.** This Agreement shall be governed by and construed in accordance with the laws of the State of Arizona.
- 5. **Conflict of Interest.** This Agreement is subject to the provisions of A.R.S. 38-511. The State of Arizona may cancel this Agreement if any person significantly involved in negotiating, drafting, securing or obtaining this Agreement for or on behalf of Housing or ADHS becomes an employee in any capacity of any other party or a consultant to any other party with reference to the subject matter of this Agreement while the Agreement or any extension thereof is in effect.
- 6. **Termination.** Either party may at any time terminate this Agreement by giving the other party not less than sixty (60) days prior written notice. In the event this Agreement is canceled by ADHS, ADHS shall remain responsible for reimbursement of Housing for all work performed through the date of termination.
- 7. **Nondiscrimination.** The parties agree to comply with all applicable state and federal laws, rules, regulations and executive orders governing equal employment opportunity, nondiscrimination and affirmative action, including the Governor's Executive Order 99-4.



	S WHEREOF, the parties hereto have caused this Agreement to be executed by its duly representatives on the respective dates entered below.
ARIZONA	DEPARTMENT OF HOUSING
Signature:	
Title:	Director,
	Arizona Department of Housing
III. <u>ARI</u>	ZONA DEPARTMENT OF HEALTH SERVICES
Signature:	
Title:	Director,
	Arizona Department of Health Services

Exhibit A - Scope of Services

Summary

This Interagency Service Agreement (ISA) is between the Arizona Department of Health Services (AHDS) and the Arizona Department of Housing (Housing) for the purpose of outlining duties to be performed by Housing to provide technical assistance, project underwriting and risk assessment analysis, as well as making final recommendations to ADHS on the feasibility of funding particular housing projects for the seriously mentally ill funded by ADHS through Non Title XIX Usage (ComCare Trust). In consideration for the services outlined below under the Scope of Work, ADHS will reimburse Housing through a transfer of \$32,400.00 in one lump sum as the total amount paid to Housing to perform the responsibilities identified in this Agreement. ADHS has approximated that under this contract they expect to fund eight (8) single-family units and one (1) small multi-family complex, though the number of units may vary slightly from this estimate. \$32,400.00 constitutes the entire amount transferred under this Agreement unless housing development projects in excess of eleven (11) units are identified or the unit mix otherwise deviates significantly from expected units described above, at which time ADHS and Housing agree to renegotiate additional compensation to Housing for additional services rendered.

Scope of Work

Housing shall provide technical assistance, project underwriting and risk analysis, and funding recommendations for ComCare Trust fund proposals brought forth by the Regional Behavioral Health Authorities (RBHA) for the development of housing units dedicated to low-to-moderate income seriously mentally ill adults. Associated tasks shall include the following:

- Housing will designate its Special Needs Housing Programs Manager as the primary contact
 with ADHS and the RBHAs in connection with work completed under this ISA. Specific tasks
 such as the provision of technical assistance, site visits and risk assessment may be completed by
 other Housing staff determined by Housing to possess the necessary skills to provide the services
 outlined in this scope of work.
- 2. Housing may provide technical assistance to RBHAs and/or their designees for project planning and pre-development activities for housing developed under the ComCare Trust with ADHS at the request of the RBHA. It is understood by both parties that the RBHAs and their designees are already possessing in the necessary experience and skills to complete such transactions with minimal assistance from Housing staff. Housing staff will be available primarily in this capacity to provide advice to the RBHAs and/or their designees regarding specific problems associated with specific projects and properties and to provide suggested mitigation measures when Housing identifies potential problems during its underwriting or physical inspections of such projects. Housing will not be relied upon to identify properties, provide primary inspections of properties in order to determine rehabilitation requirements, negotiate with owners, or to provide extensive technical assistance to any project for which Housing has deemed the project infeasible.
- 3. Housing will provide to the RBHAs and/or their designees project application materials which the RBHAs and/or their designees will be required to complete and submit to Housing for review prior to Housing making recommendations to ADHS about the general acceptability of any project. The application package obtained from Housing may include general financial guidelines

- regarding acceptable construction and development costs, developer and professional fees paid in conjunction with the development of housing units.
- 4. Upon submittal of an application package by the RBHAs to Housing, Housing will review each package and may make a site visit to assess site feasibility. As part of the application review Housing will conduct a risk analysis and underwriting assessment in order to provide a written summary and final recommendation regarding funding to AHDS. Final determination on the funding of all projects rests with ADHS.
- 5. Once a project is approved for funding by ADHS, ADHS will notify Housing in writing of such project acceptance and Housing will prepare appropriate legal documents that protect the interest of the State of Arizona and ensure that each housing unit is used solely for the benefit of eligible seriously mentally ill adults for a period of at least 15 years from the date of project completion. Documentation shall include a deed restriction and reversionary clause that requires the housing be used solely for the benefit of seriously mentally ill adults. Housing will provide written instructions to the RBHA and ADHS detailing execution requirements for all legal instruments. ADHS will be responsible for ensuring that all legal instruments have been executed and will maintain title files on all assisted properties.
- 6. All files, pertaining to development expenses, legal documents pertaining to each property's title and restrictions, as well as the results of any project monitoring shall be maintained by ADHS. Housing shall maintain project files containing notes with respect to its technical assistance and underwriting of each project and shall maintain such files for a period of five (5) years after it submits its final funding recommendation to ADHS on each project.
- 7. Should any dispute or problems arise between the RBHAs and Housing during the provision of technical assistance or project review, Housing will attempt to resolve the dispute at the lowest organizational level as possible. Problems that cannot be resolved between the primary Housing contact and the RBHA shall be elevated to the ADHS/DBHS Assistant Director or their designee in a timely manner. The decision of the ADHS/DBHS Assistant Director shall be binding.

Appendix G

VALUEOPTIONS HOUSING SERVICES AND PROGRAMS

- 1. ValueOptions' Service Integration Department provides direct and indirect services for adult consumers that are homeless and formally homeless with housing, vocational, employment services, and independent living skill training. The following are a brief list of activities:
- □ Administration of our Non-Profit Housing Provider Arizona Behavioral Health Corp. (ABC) for the HUD Shelter Plus Care and Supportive Housing Program Grants. Currently our housing administrator has over 1400 formally homeless consumers in permanent housing.
- □ State Funded Non-T19 housing
- Provides housing upon discharge from the State Hospital, Supervisory Care Homes and Adult Residential Treatment Centers for those who might otherwise be homeless.
- Each consumer pays only 30% of his or her adjusted income towards rent.
- Provide independent living skill training by a contracted service provider for enrolled consumers until they can live independently
- Housing and housing related services are administered directly by the Housing department in Service Integration.
- Provide state funded rent subsidy to consumers in this living situation
- Sponsor based and tenant based lease options are offered to all consumers
- □ HB 2003 Permanent Housing Purchasing Program
- Permanent housing in houses or apartment complexes for homeless and non-homeless priority population consumers enrolled in the RBHA.
- Each consumer pays 30% of their adjusted income towards rent
- This joint non-profit ValueOptions venture has purchased twelve houses to date for acute consumers to step down to more independent community placement
- This joint non-profit ValueOptions venture has purchased seven small apartment complexes for those who can function without as much support
- Consumers are provided in house or on site independent living skill services based on consumer's needs as defined in their Individual Service Plan (ISP)
- Goals are for consumer to move into a home of their own
- □ Community Tenure Program provides financial assistance to prevent homelessness:
- Funds can be used to pay past due rent
- Funds can be used to pay mortgages to prevent property foreclosure
- Pay for past due utility bills
- Pay unpaid property taxes
- Pays late fees and attorney fees to prevent evictions
- If part of ISP, funds can be used for health and safety measures to prevent evictions

- □ Move-in Assistance provides funding to move homeless consumers into permanent housing
- Pays for security deposits and other mandated move-in fees and costs.
- Pays first months rents depending on ISP
- Pays utility deposits
- Pays for moving services
- Pays for past amounts owed to PHA's for consumers to move into HUD rental subsidy
- 2. ValueOptions' Direct Service Sites that provide programs and services to the homeless
- □ Stargate Clinic
- Shelter Plus Care & Supportive Housing Program grants from HUD are assigned out of this site to assist homeless persons with disabilities. ABC administers this grant and the RBHA provides the required 25% cash match to maintain the grant. The grant provides housing for 325 consumers.
- Each consumer pays only 30% of their adjusted income towards rent
- Provide treatment for co-occurring disorders
- Vocational component
 - ☐ Washington House Clinic
- Case management
- Voc/Rehab
- Clinical Assessments
- Medications
- Full clinical team
- Housing Services
 - ☐ East Phoenix Clinic
- Case management
- Voc/Rehab
- Clinical Assessments
- Medications
- Full clinical team
- Housing Services
 - ☐ Intake, Evaluations and Eligibility site
- Intakes
- Eligibility
- Field evaluations
 - 3. Southwest Behavioral Health's PATH Team (located at Washington House) is a joint venture between ValueOptions, DBHS and Southwest Behavioral Health

- Engages homeless persons through street outreach
- Performs Field Assessments
- Links people with social services
- Performs outreach to shelters, parks, river bottoms, downtown areas, etc.
- Performs field evaluations
- Intake assistance/emergent and non-emergent triages to ValueOptions
- Transportation assistance to appointments
- Assistance in meeting basic skills
- Transition into the RBHA case management system
- Provides community education on resources for homeless individuals and families
- Provides moving assistance to temporary or permanent housing
- Housing referrals both transitional and permanent placements
- Issues hotel vouchers
- Links with ValueOptions staff to locate and/or assist homeless consumers

4. CASS - Outreach and evaluations

- PATH Outreach team conducts weekly scheduled services to CASS
- RBHA has a master level clinician performing field evaluations at CASS weekly

5. East Valley Homeless Workgroup

- Provide collaboration and technical assistance to East Valley Homeless Providers
- Provide Crisis intervention services to East Valley
- ValueOptions housing department co-established the workgroup that meets monthly to assist
 providers, provide technical assistance, cross trains agencies and evaluates programs and
 refine processes.

6. Sunnyslope Homeless Workgroup

- Provide collaboration and technical assistance to Sunnyslope Homeless Providers
- Provide Crisis intervention services
- ValueOptions housing department is a partner in the workgroup

7. Healthcare for the Homeless collaborative working relationship

- Substance abuse counseling
- Case management screenings
- AHCCCS eligibility screening
- Primary medical care
- Dental care
- Psychiatric assessments and evaluations

Arizona Behavioral Health – ValueOptions' Shelter Plus Care – Supportive Housing Programs

1. Horace Steele Commons

- Arizona Behavioral Health Corporation (ABC) administers this Supportive Housing Program (SHP) Grant.
- The RBHA funds the required 25% cash match to maintain the grant
- Each consumer pays only 30% of their adjusted income towards rent
- 10 ABC beds for SMI consumers enrolled in the RBHA
- On site case management 24 hours a day
- Social workers

2. NOVA Safe Haven

- The RBHA funds the required 25% cash match to maintain the grant
- A 25 "wet" bed shelter for non-SMI homeless citizens
- Each consumer pays only 30% of their adjusted income towards rent
- Day program offered to any homeless individual or family
- Three (3) meals offered daily
- Voc/rehab
- On site case management and permanent housing search
- Substance abuse counseling
- Showers and clothing for nay homeless person

3. Phoenix Shanti – Supportive Housing Program

- Arizona Behavioral Health Corporation (ABC) administers this Supportive Housing Grant for HIV positive homeless consumers.
- The RBHA funds the required 25% cash match to maintain the grant
- ValueOptions provides the required cash match.
- 10 ABC beds for SMI consumers with HIV enrolled in the RBHA
- Each consumer pays only 30% of their adjusted income towards rent
- Case management 24 hours a day on site
- Substance abuse counseling on site
- Social workers on site

4. United Methodist Outreach Ministries (UMOM) – Supportive Housing Program

- <u>Lamplighter 16</u> bed facility_with eight (8) beds set aside_specifically for ValueOptions SMI case managed consumers.
- The RBHA funds the required 25% cash match to maintain the grant
- Each consumer pays only 30% of their adjusted income towards rent
- Provides Substance abuse counseling
- Case management 24 hours a day

5. Southwest Behavioral Health Transitional Housing – Supportive Housing Program

• Arizona Behavioral Health Corporation (ABC) administers this Supportive Housing Grant.

- The RBHA funds the required 25% cash match to maintain the grant
- 16 ABC beds for SMI consumers with HIV enrolled in the RBHA
- Each consumer pays only 30% of their adjusted income towards rent
- Case management 24 hours a day
- Substance abuse counseling offered daily
- Social workers
- Scattered sites

6. Arizona Department of Housing

- Arizona Behavioral Health Corporation (ABC) administers the Shelter Plus Care and Supportive Housing Grants for the State.
- The RBHA funds the required 25% cash match to maintain the grant
- 1400 ABC beds for SMI consumers enrolled in the RBHA
- Each consumer pays only 30% of their adjusted income towards rent
- Case management provided by ValueOptions
- Substance abuse counseling provided by ValueOptions
- Social workers and intensive case management provided by ValueOptions
- Scattered sites throughout Maricopa County
- Sponsor based and tenant based housing provided with the least restrictive setting
- Medications, voc/rehab and permanent housing search provided by ValueOptions